

Chisago Lakes Triathlon
Paradise Park
Chisago City, MN
Sun, Jul 30, 2006

0.2 mi swim
swim/bike
20. mi bike

bike/run
3.1 mi run

Div Results

White River Sports Timing
<http://itiming.com>

Place	Div/Age	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
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Individual - Sprint Distance Triathlon

Field: 667

Male Sprint Distance

Division Field: 311

1		Hendrickson, Eric	903	Hopkins, MN	9	00:06:21.7	1	00:00:53.3	1	00:49:37.9	1	00:00:18.6	6	00:19:01.7	01:16:13.4
2	1	Spende, Michael	259	Minneapolis,	1	00:05:05.7	19	00:02:00.0	3	00:52:23.4	2	00:00:27.1	14	00:20:01.8	01:19:58.2
3	1	Olson, Jason	293	Neenah, WI	16	00:06:48.2	40	00:02:14.0	2	00:52:04.4	13	00:00:36.6	11	00:19:28.0	01:21:11.3
4	1	Ellingson, Marc	296	Waconia, MN	6	00:05:47.8	53	00:02:20.0	10	00:55:11.1	54	00:00:51.1	2	00:17:28.0	01:21:38.1
5	2	Hauck, Samuel	252	Shoreview, MN	8	00:06:20.3	34	00:02:09.0	11	00:55:34.0	6	00:00:32.0	1	00:17:17.2	01:21:52.7
6	2	yunk, darrell	260	appleton, WI	12	00:06:37.4	86	00:02:40.0	5	00:53:39.1	73	00:00:56.5	10	00:19:26.0	01:23:19.2
7	3	Simmons, Matt	491	Moorhead, MN	32	00:07:35.0	54	00:02:20.3	4	00:53:19.9	56	00:00:51.5	12	00:19:40.8	01:23:47.6
8	4	Huebner, Brian	382	Westby, WI	18	00:06:58.4	26	00:02:02.3	9	00:55:02.0	19	00:00:38.5	8	00:19:19.8	01:24:01.0
9	3	Liebsch, Matthew	255	Plymouth, MN	4	00:05:28.9	85	00:02:40.0	7	00:54:51.5	41	00:00:46.9	22	00:20:53.9	01:24:41.4
10	2	O'Flanagan,	262	Oakdale, MN	3	00:05:24.6	52	00:02:20.0	16	00:56:09.0	17	00:00:38.2	20	00:20:42.7	01:25:14.7
11	3	Blankenheim,	299	Duluth, MN	68	00:08:18.8	20	00:02:00.4	12	00:55:36.9	64	00:00:54.4	4	00:18:38.1	01:25:28.8
12	1	acciani, patrick	575	minneapolis,	99	00:08:58.0	3	00:01:22.9	13	00:55:39.8	31	00:00:43.9	7	00:19:14.5	01:25:59.3
13	4	Skladzien, Jeffrey	761	Kildeer, IL	2	00:05:23.9	55	00:02:20.7	21	00:57:04.3	32	00:00:44.1	24	00:21:24.8	01:26:58.0
14	5	Tabor, Chip	861	Shoreview, MN	78	00:08:38.7	69	00:02:30.6	6	00:54:47.7	27	00:00:42.7	17	00:20:26.9	01:27:06.6
15	2	Keller, Joseph	253	Maple Grove,	15	00:06:47.7	23	00:02:01.0	17	00:56:15.1	26	00:00:42.1	51	00:23:16.0	01:29:02.0
16	5	Mau, David	892	Minot, ND	47	00:07:54.8	37	00:02:11.0	18	00:56:27.6	59	00:00:52.5	28	00:21:36.8	01:29:02.9
17	4	Baker, Ricky	868	Minnetonka, MN	20	00:07:11.1	17	00:01:57.1	22	00:57:10.8	34	00:00:44.7	32	00:22:08.7	01:29:12.7
18	6	Hill, Bryan	263	Mpls, MN	5	00:05:44.9	81	00:02:36.0	19	00:56:49.4	62	00:00:54.2	48	00:23:10.6	01:29:15.2
19	1	McMorrow, Patrick	487		14	00:06:43.2	15	00:01:56.1	27	00:57:39.8	35	00:00:45.4	50	00:23:11.7	01:30:16.4
20	7	Beveridge, Sam	904	Hopkins, MN	106	00:09:04.6	43	00:02:16.6	8	00:54:55.7	44	00:00:47.5	52	00:23:18.3	01:30:22.8
21	3	Mattson, John	476	St Peter, MN	19	00:06:59.0	9	00:01:53.0	23	00:57:17.8	22	00:00:40.1	57	00:23:38.7	01:30:28.9
22	1	Smith, Jon	932	Brookfield, WI	45	00:07:54.2	2	00:01:11.8	35	00:58:35.0	5	00:00:31.6	39	00:22:36.5	01:30:49.3
23	6	Simon, Joseph	706	Bismarck, ND	147	00:10:06.8	49	00:02:19.3	20	00:56:57.5	48	00:00:48.5	19	00:20:37.0	01:30:49.3
24	1	Hildebrand, Patrick	862	Eagan, MN	40	00:07:51.3	13	00:01:54.7	36	00:58:35.4	91	00:01:01.6	37	00:22:22.4	01:31:45.6
25	8	Hasty, Brian	595	Lauderdale, MN	123	00:09:32.1	18	00:01:57.4	14	00:55:52.9	86	00:00:59.2	54	00:23:31.1	01:31:52.8
26	2	Franzen, Grag	549	Plymouth, MN	60	00:08:03.9	10	00:01:53.7	24	00:57:18.7	71	00:00:55.9	60	00:23:41.6	01:31:53.9

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006		
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
27	9 Sheehy, Michael	292	Washington, DC	65	00:08:12.9	44	00:02:17.4	70	01:01:20.9	105	00:01:04.5	5	00:19:00.5	01:31:56.4	
28	1 Campins, Rick	496	Apple Valley,	33	00:07:35.3	5	00:01:29.0	28	00:57:58.6	14	00:00:36.7	85	00:24:50.7	01:32:30.4	
29	5 Peter, Anthony	855	Chisago City,	163	00:10:35.4	111	00:02:52.2	41	00:59:29.1	160	00:01:25.0	3	00:18:24.5	01:32:46.4	
30	3 bono, michael	902	Minneapolis,	69	00:08:20.7	46	00:02:18.3	25	00:57:28.3	130	00:01:13.7	55	00:23:31.2	01:32:52.5	
31	2 Aguilar, Todd	748	Eden Prairie,	55	00:07:59.3	30	00:02:04.6	30	00:58:06.5	78	00:00:58.0	61	00:23:47.1	01:32:55.7	
32	3 Barrios, IV, Nolan	749	Stillwater, MN	103	00:09:02.9	6	00:01:36.8	34	00:58:35.0	49	00:00:48.8	44	00:23:01.8	01:33:05.5	
33	10 Thiel, Matt	578	Madison, WI	76	00:08:34.8	65	00:02:24.1	15	00:55:57.7	102	00:01:04.3	106	00:25:31.8	01:33:32.9	
34	11 Mitchell, Jeff	877	Minneapolis,	140	00:09:54.3	21	00:02:00.7	39	00:59:04.6	117	00:01:09.5	25	00:21:32.0	01:33:41.2	
35	4 Franchino, Robert	760	Apple Valley,			166	00:03:23.1	175	01:08:57.6	180	00:01:30.9	47	00:23:10.0	01:33:56.5	
36	1 Helmer, Craig	742	Minneapolis, MN	100	00:08:59.4	62	00:02:23.5	79	01:01:52.6	79	00:00:58.2	13	00:19:45.2	01:33:59.2	
37	12 Adams, Troy	702	Cloquet, MN	39	00:07:49.8	33	00:02:08.0	31	00:58:08.5	37	00:00:46.3	97	00:25:19.6	01:34:12.3	
38	6 Sawyer, Donald	934	New Brighton,	129	00:09:44.6	82	00:02:36.9	29	00:58:00.8	139	00:01:16.1	45	00:23:09.1	01:34:47.7	
39	2 Thillen, Peter	584	Minneapolis,	28	00:07:25.5	183	00:03:34.7	60	01:01:03.5	38	00:00:46.4	33	00:22:19.8	01:35:10.1	
40	2 Tjosvold, Doug	612	North St Paul,	72	00:08:25.9	7	00:01:51.4	26	00:57:37.9	51	00:00:50.4	126	00:26:26.8	01:35:12.5	
41	3 Poorker, Craig	779	Robbinsdale,	117	00:09:19.9	42	00:02:14.8	48	00:59:51.7	57	00:00:52.3	43	00:22:58.9	01:35:17.9	
42	7 Brown, Lee	586	Lake Crystal,	46	00:07:54.3	121	00:02:55.5	44	00:59:35.8	11	00:00:35.6	72	00:24:17.4	01:35:18.7	
43	5 Sandness, Craig	799	Eden Prairie,	44	00:07:53.4	64	00:02:23.9	38	00:59:01.5	114	00:01:07.8	90	00:25:01.8	01:35:28.6	
44	13 JOHNSON, GREG	891	carlton, MN	155	00:10:16.5	122	00:02:55.5	37	00:58:39.4	190	00:01:34.2	34	00:22:20.8	01:35:46.7	
45	14 Gilbert, Bryan	650	Hopkins, MN	66	00:08:13.2	61	00:02:23.4	42	00:59:30.7	42	00:00:47.1	94	00:25:08.1	01:36:02.7	
46	4 Laughlin, Michael	864	Duluth, MN	79	00:08:39.1	25	00:02:02.1	67	01:01:17.2	146	00:01:17.7	41	00:22:50.8	01:36:07.1	
47	6 Exner, Patrick	456	Brooklyn Park,	113	00:09:15.0	60	00:02:22.9	63	01:01:09.5	101	00:01:03.8	36	00:22:21.5	01:36:13.0	
48	8 Strzok, Ladislaus	343	Duluth, MN	30	00:07:29.1	39	00:02:13.5	54	01:00:22.4	166	00:01:26.0	84	00:24:44.8	01:36:15.9	
49	3 Dyszelski, Justin	349	Cudahy, WI	115	00:09:19.4	88	00:02:41.1	84	01:02:16.3	195	00:01:37.2	18	00:20:29.4	01:36:23.6	
50	7 Busse, Bret	623	Apple Valley,	13	00:06:40.8	11	00:01:54.0	86	01:02:37.7	108	00:01:06.2	78	00:24:29.6	01:36:48.6	
51	7 Brennan, Jeff	786	Emmetsburg, IA	220	00:12:21.3	124	00:02:58.0	55	01:00:31.3	29	00:00:43.1	15	00:20:19.5	01:36:53.3	
52	8 Wagner, Robert	674	St. Louis Park,	137	00:09:52.1	59	00:02:22.9	47	00:59:51.2	4	00:00:28.3	76	00:24:23.2	01:36:57.9	
53	4 Leaf, John	687	Center City, MN	84	00:08:43.6	175	00:03:28.2	120	01:04:47.9	20	00:00:38.7	9	00:19:20.3	01:36:58.9	
54	4 Sager, Chuck	336	Andover, MN	82	00:08:42.4	45	00:02:18.1	40	00:59:05.8	3	00:00:27.9	128	00:26:29.4	01:37:03.8	
55	5 Nelson, Mark	572	Mahtomedi, MN	17	00:06:50.3	38	00:02:12.9	52	01:00:06.3	53	00:00:51.0	145	00:27:20.6	01:37:21.3	
56	9 Kaiser, Edward	397	St Paul, MN	87	00:08:44.7	72	00:02:32.3	97	01:03:16.2	124	00:01:11.8	29	00:21:56.2	01:37:41.5	
57	15 Nelson, Per	930		218	00:12:18.2	28	00:02:03.5	58	01:00:49.4	132	00:01:14.9	27	00:21:36.7	01:38:02.9	
58	16 Bryant, Michael	659	Maplewood, MN	49	00:07:55.7	63	00:02:23.6	62	01:01:06.8	65	00:00:54.6	115	00:25:53.1	01:38:14.1	
59	6 Lyng, Robert	795	Burnsville, MN	50	00:07:56.1	157	00:03:17.9	64	01:01:10.6	77	00:00:57.7	88	00:24:54.4	01:38:17.0	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006		
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
60	5 Smith, Kent	685	St Paul, MN	37	00:07:37.7	71	00:02:31.9	87	01:02:40.9	153	00:01:21.9	66	00:24:05.2	01:38:17.8	
61	6 Lyons, Jay	879	Minneapolis,	31	00:07:34.9	145	00:03:11.3	74	01:01:42.0	84	00:00:59.1	89	00:24:56.0	01:38:23.6	
62	17 Lund, Eric	874	Stillwater, MN	74	00:08:28.2	77	00:02:34.1	71	01:01:27.8	201	00:01:37.9	74	00:24:19.6	01:38:28.0	
63	18 Deschitsa, Roman	843	Blaine, MN	25	00:07:23.2	58	00:02:22.7	95	01:03:12.7	75	00:00:56.7	81	00:24:35.6	01:38:31.1	
64	8 Wilkenfeld, David	926	Maple Grove,	128	00:09:41.6	161	00:03:19.3	49	00:59:52.4	167	00:01:26.8	83	00:24:41.6	01:39:01.9	
65	5 Carlos, Raymond	498	Bloomington,	10	00:06:22.4	148	00:03:11.7	96	01:03:15.3	74	00:00:56.6	99	00:25:19.6	01:39:05.9	
66	19 Wasley, Charlie	871	Savage, MN	61	00:08:06.0	95	00:02:44.7	53	01:00:11.5	151	00:01:21.0	136	00:26:52.9	01:39:16.2	
67	7 Olson, Scott	831	Neenah, WI	157	00:10:19.4	27	00:02:02.8	56	01:00:41.2	80	00:00:58.4	95	00:25:18.1	01:39:20.1	
68	7 anderson, ken	331	stacy, MN	48	00:07:55.6	83	00:02:38.6	98	01:03:19.1	179	00:01:30.8	63	00:23:56.3	01:39:20.5	
69	20 Berry, Donald	463	stillwater, MN	119	00:09:24.4	47	00:02:18.5	80	01:01:54.1	23	00:00:40.7	92	00:25:03.5	01:39:21.4	
70	1 Greenwald, Ben	759	Minneapolis,	158	00:10:20.3	209	00:03:54.3	76	01:01:42.8	240	00:02:04.0	23	00:21:21.0	01:39:22.6	
71	9 Gearhart, Rick	309	St Croix Falls, WI	59	00:08:02.5	68	00:02:29.0	125	01:05:08.7	96	00:01:03.0	42	00:22:58.2	01:39:41.5	
72	4 Sindt, Michael	724	Apple Valley,	102	00:09:00.9	48	00:02:18.5	50	00:59:52.8	88	00:00:59.5	155	00:27:40.8	01:39:52.7	
73	10 Bier, Mike	912		221	00:12:21.9	4	00:01:24.8	69	01:01:18.5	8	00:00:35.1	71	00:24:15.5	01:39:56.0	
74	21 WIENEKE,	552	SAINT PAUL,	70	00:08:21.3	98	00:02:45.8	91	01:02:55.9	185	00:01:32.4	77	00:24:24.7	01:40:00.3	
75	6 Ostroot, Brandan	901	Columbia	178	00:11:00.4	66	00:02:24.9	45	00:59:42.8	214	00:01:44.3	93	00:25:08.0	01:40:00.6	
76	8 Bittner, Mark	664	Bruce, WI	208	00:11:56.5	117	00:02:54.2	33	00:58:32.1	95	00:01:02.8	107	00:25:38.3	01:40:04.2	
77	8 Olsen, Kevin	536	Orono, MN	22	00:07:16.9	106	00:02:49.1	75	01:01:42.4	67	00:00:54.9	152	00:27:34.0	01:40:17.5	
78	9 Benning, Bill	305	Lakeville, MN	93	00:08:50.1	35	00:02:09.4	72	01:01:30.0	129	00:01:13.6	132	00:26:40.9	01:40:24.1	
79	10 LYNCH, SEAN	388	MINNEAPOLIS,	191	00:11:22.9	132	00:03:01.8	66	01:01:13.6	127	00:01:13.3	59	00:23:41.4	01:40:33.2	
80	10 Nilson, Eric	297	Hayward, WI	54	00:07:59.1	97	00:02:45.7	105	01:03:57.5	220	00:01:46.5	69	00:24:10.4	01:40:39.4	
81	22 Huoba, Mark	794	Savage, MN	38	00:07:43.2	14	00:01:54.9	123	01:05:02.5	16	00:00:38.0	102	00:25:23.6	01:40:42.4	
82	11 Johnson, Mark	333	Forest Lake, MN	51	00:07:56.8	51	00:02:19.8	73	01:01:34.5	253	00:02:10.6	131	00:26:40.6	01:40:42.5	
83	1 Casey, Robert	402	Kihei, HI	132	00:09:49.3	31	00:02:07.0	51	00:59:58.9	115	00:01:08.0	154	00:27:39.8	01:40:43.1	
84	11 Erickson, Pete	746	Minneapolis,	75	00:08:28.9	103	00:02:48.0	83	01:02:15.7	55	00:00:51.5	125	00:26:25.5	01:40:49.7	
85	12 Gustafson, David	857	Minneapolis,	80	00:08:39.4	120	00:02:55.4	32	00:58:21.9	178	00:01:29.9	189	00:29:28.6	01:40:55.4	
86	11 Corbett, Daniel	561	Northfield, MN	88	00:08:45.4	56	00:02:21.3	99	01:03:21.6	134	00:01:15.3	98	00:25:19.6	01:41:03.4	
87	9 Rolnitzky, Joshua	504	Minneapolis,	133	00:09:50.1	192	00:03:41.7	88	01:02:47.8	45	00:00:47.8	65	00:24:01.8	01:41:09.4	
88	2 Wheeler, Rick	645	River Falls, WI	139	00:09:52.6	78	00:02:34.7	100	01:03:26.2	140	00:01:16.4	67	00:24:06.1	01:41:16.2	
89	23 Wrecza, Chris	908		122	00:09:29.7	123	00:02:56.0	77	01:01:44.8	217	00:01:45.2	101	00:25:22.7	01:41:18.5	
90	13 Von De Linde,	540	Roseville, MN	104	00:09:03.8	236	00:04:22.2	115	01:04:24.2	39	00:00:46.8	49	00:23:11.0	01:41:48.2	
91	24 Augustus, Scott	644	Savage, MN	107	00:09:05.1	131	00:03:01.8	94	01:03:11.0	112	00:01:07.4	104	00:25:26.6	01:41:52.2	
92	14 DuBois, Bob	481	Roseville, MN	86	00:08:44.7	118	00:02:55.0	126	01:05:19.4	24	00:00:41.3	70	00:24:12.6	01:41:53.2	

Individual - Sprint Distance Triathlon				0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
93	15 Stenzel, Steve	678	St. Paul, MN	188	00:11:19.4	138	00:03:05.3	114	01:04:24.2	89	00:00:59.7	31	00:22:05.1	01:41:53.9	
94	5 Chatterton, Steve	311	Shoreview, MN	23	00:07:20.1	108	00:02:50.3	89	01:02:48.1	227	00:01:52.5	140	00:27:06.7	01:41:58.0	
95	7 Blanshan, Travis	747	Eden Prairie,	29	00:07:25.6	67	00:02:25.3	176	01:09:03.3	120	00:01:10.7	30	00:22:00.6	01:42:05.6	
96	12 Nelson, Matt	380	Minneapolis,	126	00:09:35.0	29	00:02:04.0	82	01:02:13.8	92	00:01:02.1	142	00:27:12.5	01:42:07.6	
97	25 Pofahl, Ben	541	Minneapolis,	194	00:11:29.4	189	00:03:40.6	65	01:01:12.9	165	00:01:25.9	80	00:24:35.3	01:42:24.4	
98	16 Brzycki, Joel	618	St Paul, MN	94	00:08:51.4	8	00:01:52.3	118	01:04:36.2	43	00:00:47.3	123	00:26:17.8	01:42:25.3	
99	8 Clark, Zachariah	928		134	00:09:50.9	91	00:02:41.7	136	01:05:57.9	149	00:01:19.9	38	00:22:35.5	01:42:26.1	
100	9 Harms, Skyler	895	Rochester, MN	183	00:11:16.0	73	00:02:32.6	109	01:04:14.9	99	00:01:03.7	53	00:23:20.9	01:42:28.3	
101	12 Dalton, Stuart	339	Mahtomedi, MN	34	00:07:36.4	147	00:03:11.7	93	01:03:09.5	125	00:01:12.0	148	00:27:27.1	01:42:36.9	
102	2 Brix, Tom	894	Plymouth, MN	170	00:10:51.7	155	00:03:17.4	46	00:59:43.8	128	00:01:13.3	159	00:27:49.3	01:42:55.6	
103	26 Johnson, Paul	701	Maple Grove,	116	00:09:19.8	102	00:02:48.0	142	01:06:23.3	15	00:00:37.1	62	00:23:52.7	01:43:01.1	
104	13 Cornell, Jon	500	Savage, MN	149	00:10:08.1	104	00:02:48.9	108	01:04:12.0	197	00:01:37.3	75	00:24:20.8	01:43:07.2	
105	17 Honl, John	745	Fargo, ND	73	00:08:27.0	128	00:03:00.1	68	01:01:18.5	162	00:01:25.3	178	00:29:02.7	01:43:13.9	
106	13 Glaccum, Joseph	604	Excelsior, MN	131	00:09:48.2	196	00:03:44.5	103	01:03:54.8	143	00:01:17.4	79	00:24:31.6	01:43:16.8	
107	14 Johnson, Tim	465	Apple Valley,	109	00:09:10.1	177	00:03:30.4	101	01:03:28.7	7	00:00:34.1	130	00:26:38.9	01:43:22.4	
108	27 Hoffman, Bryan	635	Minneaoplis,	35	00:07:36.5	193	00:03:41.8	102	01:03:47.5	176	00:01:29.4	137	00:27:00.0	01:43:35.4	
109	18 sosa-sol, mario	845	mpls, MN	152	00:10:14.6	89	00:02:41.3	92	01:03:04.7	221	00:01:47.0	112	00:25:50.4	01:43:38.2	
110	15 Reed, Mark	610	Hermantown,	56	00:07:59.8	57	00:02:22.1	201	01:11:47.9	18	00:00:38.3	21	00:20:50.1	01:43:38.5	
111	28 Cochran, Bryan	863	Lakeville, MN	41	00:07:52.2	142	00:03:08.1	57	01:00:43.0	170	00:01:27.2	211	00:30:32.8	01:43:43.4	
112	19 Opstad, Alex	876	Big Lake, MN	90	00:08:46.0	190	00:03:40.8	147	01:06:48.8	252	00:02:09.8	35	00:22:21.3	01:43:46.9	
113	20 West, Samuel	626	Minneapolis,	164	00:10:37.8	135	00:03:04.5	110	01:04:17.0	186	00:01:32.7	73	00:24:18.4	01:43:50.5	
114	10 Johnson, Stetson	642	Manitowoc, WI	27	00:07:24.5	237	00:04:22.6	159	01:07:42.0	61	00:00:54.2	56	00:23:35.9	01:43:59.4	
115	14 Linder, Tim	412	White Bear	145	00:10:03.5	16	00:01:57.1	124	01:05:06.8	76	00:00:57.6	118	00:26:02.7	01:44:07.9	
116	21 Gustafson, Nathan	866	Eagan, MN	110	00:09:13.7	109	00:02:50.6	121	01:04:48.4	223	00:01:49.7	105	00:25:30.8	01:44:13.4	
117	15 Jensen, Scott	881	North Branch,	181	00:11:09.9	79	00:02:35.1	104	01:03:57.0	69	00:00:55.4	108	00:25:38.6	01:44:16.3	
118	3 Schmitz, Francis	781	LaCrosse, WI	58	00:08:01.7	41	00:02:14.7	113	01:04:23.9	106	00:01:04.9	174	00:28:38.5	01:44:24.0	
119	9 Harmon, Bob	473	New Brighton,	204	00:11:51.7	198	00:03:47.1	85	01:02:20.4	46	00:00:47.8	110	00:25:47.3	01:44:34.4	
120	16 Dingle, Michael	829	Stillwater, MN	233	00:13:09.4	107	00:02:49.8	81	01:02:11.2	198	00:01:37.6	87	00:24:52.2	01:44:40.3	
121	10 Bolger, Conor	393	Minocqus, WI	53	00:07:58.0	99	00:02:46.3	144	01:06:42.8	171	00:01:27.4	117	00:26:01.0	01:44:55.7	
122	17 Kegle, Ed	300	Lindstrom, MN	135	00:09:51.0	70	00:02:31.2	150	01:07:14.4	145	00:01:17.6	68	00:24:10.4	01:45:04.8	
123	29 Spencer, Ryan	439	blaine, MN	168	00:10:48.6	146	00:03:11.7	130	01:05:29.7	52	00:00:50.9	86	00:24:51.2	01:45:12.3	
124	16 Marquardt, Brian	888	Lindstrom, MN	36	00:07:37.5	105	00:02:49.0	107	01:04:01.2	200	00:01:37.7	188	00:29:22.2	01:45:27.8	
125	11 Wise, Steve	776	New Berlin, WI	177	00:11:00.0	134	00:03:03.6	90	01:02:54.7	28	00:00:42.7	164	00:28:09.5	01:45:50.5	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006		
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
126	18 pedersen, joseph	478	lindstrom, MN	244	00:13:47.3	36	00:02:10.8	61	01:01:04.7	93	00:01:02.2	161	00:27:55.8	01:46:01.0	
127	12 Cockriel, Joe	542	maplewood, MN	230	00:13:01.3	100	00:02:47.5	167	01:08:09.8	25	00:00:41.7	26	00:21:32.4	01:46:13.0	
128	13 Mueller, Matt	884	Minneapolis,	91	00:08:46.8	22	00:02:00.8	128	01:05:24.1	82	00:00:58.7	190	00:29:29.6	01:46:40.2	
129	22 CHASE, JON	643	LINO LAKES,	176	00:10:59.0	144	00:03:08.5	129	01:05:24.5	163	00:01:25.4	113	00:25:50.7	01:46:48.2	
130	17 Walter, Tom	467	Woodbury, MN					181	01:09:15.5	164	00:01:25.7	151	00:27:32.3	01:46:53.7	
131	2 Donahue, Steven	566	plymouth, MP	11	00:06:29.8	129	00:03:01.1	207	01:12:54.0	12	00:00:36.1	64	00:23:57.8	01:46:59.0	
132	10 Comer, Eric	303	Fridley, MN	71	00:08:23.2	130	00:03:01.6	43	00:59:34.6	264	00:02:25.8	238	00:33:34.2	01:46:59.7	
133	18 Rignell, Richard	270	Stacy, MN	52	00:07:56.9	133	00:03:03.5	151	01:07:15.0	238	00:02:02.4	141	00:27:10.5	01:47:28.4	
134	19 VanderLinden,	395	St. Cloud, MN	26	00:07:23.3	241	00:04:29.7	133	01:05:36.9	215	00:01:44.9	169	00:28:30.0	01:47:45.0	
135	30 Garrison, Matthew	530	Lindstrom, MN	125	00:09:34.6	167	00:03:23.3	106	01:04:00.2	50	00:00:49.4	197	00:29:57.9	01:47:45.5	
136	31 prouty, brian	413	apple valley, MN	175	00:10:56.5	152	00:03:16.4	78	01:01:52.3	126	00:01:12.1	208	00:30:29.5	01:47:46.9	
137	20 RYSHAVY, JOHN	434	MINNETONKA,	171	00:10:53.6	112	00:02:52.5	131	01:05:32.4	110	00:01:06.6	147	00:27:25.2	01:47:50.4	
138	23 Steele, Terry	416	Minneapolis,	162	00:10:34.9	191	00:03:41.6	119	01:04:46.1	122	00:01:11.4	158	00:27:45.0	01:47:59.3	
139	6 Maguire, Bill	261	Plymouth, MN	63	00:08:11.2	230	00:04:16.6	158	01:07:37.7	142	00:01:17.3	138	00:27:03.3	01:48:26.4	
140	21 Darr, Chris	551	Dayton, MN	108	00:09:05.3	159	00:03:18.5	137	01:06:08.1	116	00:01:08.2	175	00:28:47.0	01:48:27.3	
141	11 Jennings, Scot	763	Hastings, MN	151	00:10:13.6	93	00:02:42.9	161	01:07:46.3	175	00:01:29.4	124	00:26:21.2	01:48:33.6	
142	32 Thornton, Jeremy	460	Maplewood, MN	165	00:10:43.6	84	00:02:39.5	141	01:06:17.5	104	00:01:04.5	166	00:28:12.8	01:48:58.0	
143	7 Leaf, Thomas	686	Center City, MN	64	00:08:11.8	181	00:03:31.4	127	01:05:24.1	156	00:01:23.8	212	00:30:33.0	01:49:04.3	
144	22 Delaune, robert	622	Shoreview, MN	189	00:11:19.9	113	00:02:53.1	162	01:07:47.1	207	00:01:39.9	103	00:25:25.0	01:49:05.2	
145	14 Wills, Joseph	769	Minneapolis,	121	00:09:29.3	127	00:02:59.6	186	01:09:38.4	206	00:01:39.8	100	00:25:20.4	01:49:07.8	
146	19 Younger, Robert	607	Maple Grove,	127	00:09:39.5	233	00:04:18.4	157	01:07:35.7	237	00:02:02.3	114	00:25:51.4	01:49:27.5	
147	12 Smolund, Robert	411	Edina, MN	98	00:08:56.2	162	00:03:19.4	145	01:06:44.3	159	00:01:24.3	184	00:29:14.7	01:49:39.1	
148	23 Ireland, Paul	543	Big Lake, MN	120	00:09:25.2	199	00:03:48.1	193	01:10:37.2	123	00:01:11.6	82	00:24:38.0	01:49:40.2	
149	20 Wenschlag, Jason	379	Minneapolis,	154	00:10:15.7	94	00:02:43.7	134	01:05:39.6	182	00:01:31.1	192	00:29:43.1	01:49:53.5	
150	15 Sausen, Nick	684	North Branch,	263	00:15:08.8	275	00:06:14.9	135	01:05:54.7	268	00:02:34.5	16	00:20:22.6	01:50:15.7	
151	8 Whitley, Steven	522	Woodbury, MN	96	00:08:53.5	197	00:03:46.7	132	01:05:35.3	193	00:01:35.7	207	00:30:28.2	01:50:19.6	
152	33 Rosow, Michael	826	Minneapolis,	229	00:13:00.1	101	00:02:47.6	122	01:04:55.3	58	00:00:52.3	176	00:28:55.1	01:50:30.6	
153	24 Wright, Todd	696	Lakeville, MN	262	00:15:05.3	219	00:04:02.3	59	01:00:53.2	161	00:01:25.2	180	00:29:04.8	01:50:31.0	
154	16 Gaustad-Randolph	510	Elk River, MN	231	00:13:04.7	75	00:02:32.7	155	01:07:27.4	213	00:01:43.6	119	00:26:03.1	01:50:51.7	
155	34 Andersen, Todd	304	Lino Lakes, MN	161	00:10:32.8	74	00:02:32.6	183	01:09:29.7	169	00:01:27.2	135	00:26:52.5	01:50:55.0	
156	11 Zavala, Zach	752	Rosemount, MN	95	00:08:52.3	90	00:02:41.3	223	01:15:36.6	85	00:00:59.1	40	00:22:48.6	01:50:58.1	
157	9 Theisen, Larry	381	Cottage Grove,	114	00:09:18.2	119	00:02:55.2	148	01:06:49.0	148	00:01:19.9	213	00:30:38.4	01:51:01.0	
158	24 Sullivan, Colbey	649	St Paul, MN	143	00:10:03.2	141	00:03:07.0	191	01:10:25.9	192	00:01:34.9	121	00:26:11.3	01:51:22.4	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006		
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
159	25 Evenson, Jeff	663	Eagle Lake, MN	112	00:09:14.8	182	00:03:31.9	165	01:07:56.7	72	00:00:56.2	195	00:29:54.3	01:51:34.1	
160	26 Pothen, Tim	825	Forest Lake, MN	153	00:10:15.6	251	00:04:48.7	171	01:08:23.4	119	00:01:09.9	144	00:27:19.4	01:51:57.1	
161	27 Vaclav, Pesta	853	Hugo, MN	216	00:12:14.4	270	00:05:53.8	138	01:06:09.4	239	00:02:03.5	109	00:25:44.7	01:52:06.0	
162	3 Larson, Larry	580	Stillwater, MN	197	00:11:38.5	158	00:03:18.5	149	01:06:59.6	244	00:02:05.9	163	00:28:07.5	01:52:10.3	
163	25 Kaufman, John	654	Saint Paul, MN	97	00:08:55.6	180	00:03:31.2	166	01:08:02.9	188	00:01:33.7	201	00:30:08.2	01:52:11.8	
164	13 Eduarte, Carlos	544	Minneapolis,	198	00:11:38.7	201	00:03:48.4	112	01:04:21.2	280	00:04:16.3	165	00:28:11.0	01:52:15.8	
165	10 Stich, Mike	486	Wyoming, WI	200	00:11:45.6	143	00:03:08.3	143	01:06:33.4	30	00:00:43.9	203	00:30:14.8	01:52:26.3	
166	14 Lundberg, Jack	444	Chisago City,	237	00:13:24.9	226	00:04:12.9	111	01:04:20.0	230	00:01:56.3	170	00:28:35.4	01:52:29.7	
167	21 DeTroye, Shawn	867	Minneapolis,	186	00:11:17.7	96	00:02:45.2	189	01:10:03.7	141	00:01:17.2	146	00:27:21.5	01:52:45.6	
168	15 Wynveen, Doug	588	Osccola, WI	201	00:11:47.0	139	00:03:05.4	196	01:10:57.8	81	00:00:58.7	116	00:25:59.8	01:52:48.8	
169	22 Wartick, Kevin	873	Lakeville, MN	89	00:08:45.4	222	00:04:06.9	200	01:11:42.1	212	00:01:43.1	134	00:26:46.4	01:53:04.0	
170	23 Anderson, Steve	340	edina, MN	156	00:10:18.4	204	00:03:49.9	152	01:07:22.2	196	00:01:37.2	202	00:30:11.5	01:53:19.4	
171	24 O'Malley, Mike	924	Forest Lake, MN	185	00:11:16.3	184	00:03:34.8	215	01:14:28.3	66	00:00:54.9	46	00:23:09.2	01:53:23.6	
172	4 Rivard, Patrick	717	New Brighton,	160	00:10:25.4	231	00:04:17.3	174	01:08:48.3	203	00:01:38.1	168	00:28:16.4	01:53:25.8	
173	5 Kellerman, Ronald	475	Woodbury, MN	211	00:12:00.4	24	00:02:01.7	156	01:07:33.5	199	00:01:37.7	205	00:30:18.0	01:53:31.4	
174	35 Holt, Matt	792	Brooklyn Park,	227	00:12:46.8	207	00:03:53.7	153	01:07:22.5	205	00:01:39.4	160	00:27:49.4	01:53:31.9	
175	16 Koepel, Greg	757	Marshfield, WI	209	00:11:59.0	223	00:04:07.5	163	01:07:49.9	242	00:02:05.2	156	00:27:41.5	01:53:43.4	
176	36 Beaubien, Brian	762	St. Paul, MN	173	00:10:56.3	110	00:02:51.0	182	01:09:26.9	150	00:01:20.5	186	00:29:19.3	01:53:54.2	
177	3 Bolger, Kevin	392	Minocqus, WI	57	00:08:01.2	137	00:03:05.0	210	01:13:23.4	174	00:01:29.2	162	00:28:07.0	01:54:06.0	
178	26 Gedulli, John	935	Moorhead, MN	81	00:08:42.0	125	00:02:58.6	177	01:09:04.5	107	00:01:05.0	226	00:32:15.9	01:54:06.2	
179	17 Bucher, David	289	Golden Valley,	105	00:09:04.5	163	00:03:20.3	185	01:09:36.2	231	00:01:56.5	209	00:30:31.8	01:54:29.6	
180	28 Hill, Ron	573	Andover, MN	179	00:11:03.7	186	00:03:38.2	139	01:06:10.1	121	00:01:11.1	227	00:32:32.6	01:54:35.9	
181	6 Couillard, Thomas	306	White Bear	111	00:09:13.9	218	00:04:00.8	173	01:08:29.4	225	00:01:50.4	215	00:31:06.1	01:54:40.9	
182	37 Waldoch, Rani	819	Lindstrom, MN	253	00:14:23.2	205	00:03:51.3	194	01:10:38.3	47	00:00:48.3	91	00:25:03.4	01:54:44.7	
183	25 Lalor, Antonio	798	St Peter, MN	265	00:15:15.9	115	00:02:53.9	154	01:07:24.2	204	00:01:38.6	157	00:27:44.1	01:54:56.9	
184	11 Rybak, R.T.	841	Minneapolis,	141	00:09:59.5	153	00:03:16.7	195	01:10:51.0	133	00:01:15.2	198	00:29:59.0	01:55:21.5	
185	38 Clausen, Shane	384	Richfield, MN	101	00:08:59.8	50	00:02:19.6	187	01:09:51.5	111	00:01:07.0	241	00:33:51.8	01:56:09.9	
186	18 Hufford, Joe	627	Lino Lakes, MN	249	00:14:04.4	151	00:03:16.3	117	01:04:35.8	194	00:01:36.8	229	00:32:54.3	01:56:27.8	
187	26 Loppnow, Gregory	506	Vadnais	21	00:07:12.6	249	00:04:42.4	179	01:09:09.2	251	00:02:09.8	235	00:33:17.6	01:56:31.8	
188	1 Nelson, Lynn	387	Minneapolis,	258	00:14:42.2	178	00:03:30.5	164	01:07:55.3	218	00:01:45.9	173	00:28:38.4	01:56:32.5	
189	27 Kuan, Teoh	847	Golden Valley,	142	00:10:02.7	232	00:04:17.7	192	01:10:35.8	279	00:03:23.3	171	00:28:36.8	01:56:56.5	
190	4 Orvick, James	833	Oregon, WI	232	00:13:04.7	215	00:03:58.1	140	01:06:12.6	255	00:02:14.7	221	00:31:52.0	01:57:22.3	
191	39 Heintz, David	671	St. Paul, MN	77	00:08:37.1	216	00:03:58.6	236	01:17:29.8	260	00:02:18.5	96	00:25:19.4	01:57:43.6	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006		
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
192	19 Turman, Dana	400	Lindstrom, MN	228	00:12:50.2	258	00:05:02.6	169	01:08:13.4	208	00:01:40.0	200	00:30:08.0	01:57:54.5	
193	40 Ramirez, Jack	765	Minneapolis,	248	00:14:00.0	179	00:03:31.1	227	01:16:01.5	36	00:00:46.0	58	00:23:38.7	01:57:57.5	
194	29 Ramberg, Russ	337	North Branch,	281	00:22:31.2	169	00:03:25.2	116	01:04:28.5	63	00:00:54.2	133	00:26:43.0	01:58:02.4	
195	30 Whitington, John	667	Eagle Lake, MN	136	00:09:51.6	156	00:03:17.6	172	01:08:28.4	147	00:01:19.0	257	00:35:30.5	01:58:27.3	
196	28 Wurdemann, Dr.	897	Harris, MN	214	00:12:08.9	185	00:03:37.3	197	01:11:14.4	157	00:01:23.9	199	00:30:06.9	01:58:31.8	
197	27 Thiemke, Steve	538	Oshkosh, WI	243	00:13:42.3	188	00:03:40.6	202	01:11:57.7	216	00:01:44.9	153	00:27:37.9	01:58:43.5	
198	7 Kandiko, Joe	386	Excelsior, MN	83	00:08:42.7	114	00:02:53.3	184	01:09:32.8	222	00:01:49.5	261	00:36:06.2	01:59:04.7	
199	41 Kirby, Chris	638	Omaha, NE	184	00:11:16.1	154	00:03:17.2	160	01:07:43.9	262	00:02:20.8	249	00:34:41.5	01:59:19.7	
200	42 Richardson, Ed	484	Columbia	267	00:15:32.6	238	00:04:22.8	180	01:09:13.8	154	00:01:22.1	179	00:29:03.4	01:59:35.0	
201	43 Delany, John	909		166	00:10:47.0	210	00:03:54.6	209	01:13:05.2	187	00:01:33.4	206	00:30:19.2	01:59:39.6	
202	31 Thorsen, Greg	403	Lindstrom, WI	217	00:12:16.3	280	00:07:08.5	170	01:08:22.9	270	00:02:37.1	194	00:29:48.5	02:00:13.7	
203	20 Vaillancourt, Scott	731	Roseville, MN	276	00:19:03.8	174	00:03:27.3	178	01:09:06.1	158	00:01:24.2	143	00:27:12.8	02:00:14.4	
204	32 Kelly, Edward	423	St. Paul, MN	212	00:12:01.5	213	00:03:57.6	232	01:16:52.4	229	00:01:54.1	111	00:25:49.6	02:00:35.3	
205	28 Hahn, Jeff	353	Shafer, WI	242	00:13:42.1	176	00:03:29.7	199	01:11:19.0	228	00:01:53.6	204	00:30:16.6	02:00:41.2	
206	33 Erickson, Jamie	526	Cambridge, MN	146	00:10:03.8	269	00:05:40.2	168	01:08:10.6	241	00:02:05.1	251	00:34:44.8	02:00:44.7	
207	17 Lewis, Zachary	408	Chisago, MN	62	00:08:06.5	168	00:03:23.3	238	01:17:43.3	21	00:00:40.0	217	00:31:31.6	02:01:25.0	
208	12 Dummer, Michael	707	Chisago City,	167	00:10:48.1	203	00:03:48.7	204	01:12:06.4	97	00:01:03.3	244	00:34:12.6	02:01:59.3	
209	29 Largon, Kurt	692	Plymouth, MN	118	00:09:24.4	235	00:04:20.1	203	01:11:59.4	235	00:01:59.6	252	00:34:53.6	02:02:37.2	
210	12 Pohlkamp, Mitchell	532	Scandia, MN	206	00:11:54.7	220	00:04:04.2	242	01:19:18.0	137	00:01:15.9	129	00:26:31.2	02:03:04.2	
211	44 Bonk, Pete	916		144	00:10:03.3	257	00:04:58.1	211	01:13:23.8	250	00:02:08.9	240	00:33:40.9	02:04:15.1	
212	34 Kragenbring, Kyle	560	Hastings, MN	213	00:12:01.9	273	00:06:08.9	218	01:14:45.2	247	00:02:07.7	182	00:29:11.7	02:04:15.6	
213	13 Haller, Paul	520	New Bmjhtor,	251	00:14:06.9	250	00:04:48.3	213	01:14:19.7	271	00:02:39.7	177	00:28:57.8	02:04:52.6	
214	30 Thompson, Dan	695	Champlin, MN	180	00:11:06.8	268	00:05:33.7	241	01:19:16.0	181	00:01:31.0	149	00:27:27.2	02:04:54.9	
215	8 Hans, Richard	519	Brainerd, MN	148	00:10:06.9	126	00:02:58.9	246	01:21:24.7	136	00:01:15.4	191	00:29:31.8	02:05:17.9	
216	29 Clement, David	574	St. Paul, MN	174	00:10:56.4	149	00:03:12.3	229	01:16:23.0	189	00:01:33.8	234	00:33:16.1	02:05:21.9	
217	31 Berg, Bradley	669	Maple Grove,	138	00:09:52.3	140	00:03:06.0	219	01:15:00.2	10	00:00:35.6	266	00:36:58.4	02:05:32.8	
218	30 Peitso, Lance	820	Circle Pines, MN	266	00:15:32.4	252	00:04:49.1	190	01:10:16.3	254	00:02:10.7	231	00:33:08.5	02:05:57.3	
219	31 Kooiman, Tom	709	Cold Spring, MN	187	00:11:19.3	171	00:03:26.0	245	01:21:00.7	70	00:00:55.5	187	00:29:19.7	02:06:01.3	
220	32 Cartwright, Joe	443	Ames, IA	252	00:14:07.9	225	00:04:12.8	239	01:17:55.5	256	00:02:15.5	150	00:27:31.3	02:06:03.2	
221	35 Walter, Tom	774	Princeton, MN	255	00:14:32.2	195	00:03:43.7	214	01:14:28.2	172	00:01:27.5	222	00:31:52.1	02:06:03.8	
222	45 Johnson, Michael	440	Maple Grove,	159	00:10:24.5	271	00:06:01.6	208	01:12:54.6	277	00:03:13.6	237	00:33:30.3	02:06:04.7	
223	46 Johnson, Jason	852	Circle Pines, Mn	270	00:16:24.0	224	00:04:09.1	206	01:12:46.9	243	00:02:05.8	214	00:30:40.6	02:06:06.5	
224	14 Pohlkamp, Terry	531	Scandia, MN	271	00:17:18.8	208	00:03:54.2	234	01:17:17.6	202	00:01:38.0	120	00:26:10.7	02:06:19.6	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006		
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
225	33 Storkan, Steve	787	Scandia, MN	150	00:10:08.4	261	00:05:13.6	226	01:15:57.7	232	00:01:57.3	232	00:33:09.9	02:06:27.0	
226	34 Sprengeler,	940	Chanhassen,	257	00:14:39.5	243	00:04:34.3	188	01:09:58.6	272	00:02:52.0	246	00:34:28.4	02:06:33.0	
227	15 Lines, Kevin	736	Noerh Branch,	195	00:11:34.9	170	00:03:25.6	212	01:13:34.8	177	00:01:29.6	267	00:37:00.6	02:07:05.7	
228	4 Wurdemann,	899	Harris, MN	182	00:11:10.1	244	00:04:35.0	216	01:14:30.8	168	00:01:27.2	256	00:35:23.1	02:07:06.4	
229	21 Lord, Tom	788	Forrest Lake,	256	00:14:34.0	248	00:04:41.0	205	01:12:17.6	267	00:02:33.5	230	00:33:01.0	02:07:07.4	
230	35 Carlson, Tim	360	Chisago City,	222	00:12:28.2	247	00:04:41.0	225	01:15:49.1	246	00:02:06.2	224	00:32:07.0	02:07:11.7	
231	36 Warling, Jim	728	Chisago City,	234	00:13:12.5	254	00:04:53.1	224	01:15:41.5	173	00:01:28.8	223	00:31:56.9	02:07:13.0	
232	36 Beck, John	715	North Grafton,	192	00:11:23.7	87	00:02:40.8	233	01:17:04.6	234	00:01:59.4	254	00:35:02.7	02:08:11.4	
233	32 Kessler, Jason	345	Minneapolis,					248	01:21:46.3	83	00:00:59.0	193	00:29:43.2	02:08:22.9	
234	37 Magnuson, Steve	889	Lindstrom, MN	203	00:11:48.6	263	00:05:16.4	251	01:23:18.8	245	00:02:06.0	127	00:26:27.0	02:08:57.0	
235	47 Willeman, Andy	730	Dresser, WI	269	00:16:04.4	76	00:02:33.6	237	01:17:32.1	68	00:00:55.2	220	00:31:51.8	02:08:57.4	
236	18 Lewis, Jacob	407	Chisago, MN	43	00:07:53.1	212	00:03:57.3	250	01:22:41.6	138	00:01:16.1	247	00:34:37.0	02:10:25.3	
237	37 magnuson, mark	281	isanti, MN	239	00:13:31.7	255	00:04:56.0	231	01:16:44.0	259	00:02:17.2	236	00:33:19.4	02:10:48.6	
238	22 Fisk, Richard	896	Shafer, MN	278	00:20:01.0	264	00:05:18.2	198	01:11:16.2	209	00:01:40.4	228	00:32:34.9	02:10:50.8	
239	33 Anderson, Aaron	286	blaine, MN	283	00:28:50.8	266	00:05:32.8	146	01:06:48.5	183	00:01:31.3	167	00:28:14.1	02:10:57.8	
240	5 Sargeant, Jeffery	691	Chisago City,	225	00:12:37.3	239	00:04:25.9	253	01:24:39.7	33	00:00:44.5	183	00:29:14.3	02:11:41.9	
241	6 Sargeant, Eric	704	Chisago City,	223	00:12:28.9	217	00:03:59.3	256	01:26:24.5	40	00:00:46.8	181	00:29:09.9	02:12:49.7	
242	16 Davis, Dan	474	Shoreview, MN	85	00:08:43.7	12	00:01:54.5	272	01:34:29.1	113	00:01:07.6	139	00:27:05.5	02:13:20.7	
243	48 Sauve, Joel	459	Ham Lake, MN	236	00:13:16.3	245	00:04:36.0	235	01:17:20.6	257	00:02:15.8	259	00:35:53.5	02:13:22.4	
244	38 Groteboer, Daniel	468	Rochester, MN	202	00:11:47.0	279	00:07:02.4	221	01:15:08.7	278	00:03:23.0	262	00:36:10.6	02:13:32.0	
245	23 Stenglein, Thomas	568	Andover, MN	246	00:13:53.4	200	00:03:48.1	220	01:15:00.7	211	00:01:42.5	271	00:39:21.9	02:13:46.8	
246	49 Biancardi, Joseph	284	Blaine, MN	190	00:11:21.0	172	00:03:26.2	255	01:25:42.6	98	00:01:03.4	233	00:33:10.5	02:14:43.9	
247	38 Fisher, Dan	283	Anoka, MN	245	00:13:49.1	246	00:04:39.4	240	01:18:22.3	258	00:02:16.6	258	00:35:45.4	02:14:53.1	
248	19 Niemeier, Tony	772	Jamestown, ND	124	00:09:33.8	187	00:03:40.2	230	01:16:26.6	87	00:00:59.4	278	00:44:29.6	02:15:09.8	
249	39 Hund, Cory	840	Elk River, MN	215	00:12:13.8	234	00:04:19.4	247	01:21:31.5	152	00:01:21.3	260	00:35:59.4	02:15:25.7	
250	39 Kissner, Dean	362	Wyoming, MN	275	00:18:59.4	240	00:04:27.3	222	01:15:35.3	275	00:03:02.8	250	00:34:44.8	02:16:49.8	
251	40 Bouwens, Rick	755	lindstrom, MN	199	00:11:40.5	206	00:03:53.0	261	01:29:11.0	263	00:02:21.9	210	00:30:32.2	02:17:38.7	
252	41 Jorgensen, James	375	Eden Prairie,	169	00:10:48.7	259	00:05:06.2	249	01:22:28.8	274	00:03:02.2	263	00:36:14.2	02:17:40.3	
253	34 Beutel, Tim	352	Waite Park, MN	259	00:14:46.6	160	00:03:18.7	254	01:24:51.4	60	00:00:54.1	248	00:34:37.4	02:18:28.4	
254	13 Gralish, Cody	448	Chisago City,	24	00:07:20.6	229	00:04:16.2	268	01:32:11.3	155	00:01:22.4	243	00:34:08.8	02:19:19.5	
255	9 Marinoff, KJ	906	Vadnais	240	00:13:34.0	150	00:03:12.4	269	01:32:15.9	226	00:01:51.3	172	00:28:37.5	02:19:31.4	
256	7 Koenig, Ben	437	St.Cloud, MN	207	00:11:54.8	173	00:03:26.6	259	01:26:59.9	109	00:01:06.3	265	00:36:44.6	02:20:12.4	
257	5 Schmidt, Rick	920		247	00:13:59.8	211	00:03:54.7	257	01:26:52.8	261	00:02:20.7	239	00:33:40.6	02:20:48.8	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
258	42 Wendlandt, Shawn	931		226 00:12:40.4	278	00:06:29.8	260	01:28:43.6	248	00:02:08.3	219	00:31:41.1	02:21:43.5	
259	50 Peterson, Leif	556	Minneapolis,	92 00:08:47.5	116	00:02:54.2	275	01:37:42.8	131	00:01:14.5	216	00:31:30.6	02:22:09.9	
260	8 Gray, Peter	682	Lino Lakes, MN	238 00:13:26.9	242	00:04:34.2	258	01:26:57.3	118	00:01:09.8	264	00:36:23.7	02:22:32.1	
261	24 Sargeant, Steve	705	Chisago City,	254 00:14:29.2	262	00:05:15.2	267	01:31:54.3	103	00:01:04.4	196	00:29:56.0	02:22:39.5	
262	1 Sausen, Frank	267	Black Creek, WI	224 00:12:35.2	136	00:03:04.6	244	01:20:57.6	236	00:02:02.0	279	00:44:49.8	02:23:29.4	
263	40 Gamble, Jonathan	741	Taylors Falls,	250 00:14:06.4	221	00:04:04.3	263	01:29:26.6	100	00:01:03.7	253	00:35:00.5	02:23:41.8	
264	6 Stahl, George	554	Blaine, MS	196 00:11:35.4	253	00:04:53.0	265	01:31:36.0	184	00:01:32.1	245	00:34:26.3	02:24:02.9	
265	20 Davis, John	936	South Saint	205 00:11:54.0	277	00:06:24.2	264	01:31:13.0	224	00:01:50.3	242	00:34:00.2	02:25:21.9	
266	17 Beale, Robert	720	North Oaks, MN	282 00:24:01.4	265	00:05:20.6	228	01:16:02.2	269	00:02:35.9	268	00:38:20.1	02:26:20.3	
267	9 Sargeant, Dan	943		235 00:13:15.4	194	00:03:42.9	273	01:37:09.0	233	00:01:57.9	218	00:31:38.9	02:27:44.4	
268	18 toteson, david	280	Chisago City,	219 00:12:20.5	227	00:04:14.7	243	01:20:42.2	191	00:01:34.7	281	00:49:37.1	02:28:29.4	
269	10 Plumbo, Joseph	708	Maplewood, MN	210 00:11:59.4	267	00:05:32.9	262	01:29:26.2	273	00:03:02.0	270	00:39:04.3	02:29:05.0	
270	10 Vulkich, Bart	579	Hortonville, WI	268 00:15:35.1	202	00:03:48.5	266	01:31:43.4	9	00:00:35.1	269	00:38:28.4	02:30:10.9	
271	25 Anderson, Dennis	784	Applem Valley,	172 00:10:54.7	256	00:04:56.2	278	01:44:04.1	90	00:01:00.7	185	00:29:18.6	02:30:14.5	
272	7 Berglund, Richard	658	Wyoming, MN	261 00:15:00.3	282	00:07:50.6	252	01:24:29.2	210	00:01:41.0	275	00:42:18.9	02:31:20.1	
273	41 Serier, Jack	828	Stillwater, MN	273 00:18:31.7	214	00:03:57.9	274	01:37:32.3	266	00:02:30.7	225	00:32:07.5	02:34:40.4	
274	51 Lambert,	492	Roseville, MN	264 00:15:13.9	260	00:05:12.2	270	01:32:54.6	265	00:02:29.1	277	00:43:49.5	02:39:39.5	
275	43 Nypan, Eric	348		277 00:19:22.2	272	00:06:07.9	276	01:39:29.1	276	00:03:08.7	273	00:39:34.1	02:47:42.2	
276	26 Wiza, Steve	651	Chisago City,	280 00:21:01.7	276	00:06:17.5	271	01:33:42.2	282	00:05:53.4	274	00:40:54.4	02:47:49.4	
277	27 Zavala, Al	751	Rosemount, ME	274 00:18:32.7	274	00:06:12.8	281	01:54:22.9	249	00:02:08.6	255	00:35:21.5	02:56:38.8	
278	52 Stepp, Scott	364		279 00:20:09.2	228	00:04:15.0	280	01:52:47.8	144	00:01:17.5	272	00:39:22.2	02:57:51.8	
279	2 Opstad, Melford	875	Big Lake, MN	260 00:14:56.8	283	00:13:40.2	279	01:50:49.8	281	00:05:35.0	276	00:43:12.4	03:08:14.5	
280	53 King, Kris	394	Plymouth, MN	67 00:08:13.7	80	00:02:35.4	283	02:31:25.5	94	00:01:02.3	122	00:26:13.8	03:09:30.9	
281	42 Wiebe, John	782	Arden Hills, MN	272 00:17:56.5	281	00:07:21.1	282	02:08:54.9	219	00:01:45.9	280	00:45:24.2	03:21:22.7	
	Zemke, Robert	832	Wyoming, MN	241 00:13:35.4									DNF	
	Johnson, Harvey	688	North Branch,				217 01:14:43.6	135 00:01:15.3					DNF	
	Loaney, Paul	614	St Paul, MN	130 00:09:46.6	164 00:03:22.0								DNF	
	Jennissen, Robert	619	Lindstrom, WI	193 00:11:28.4	165 00:03:22.7								DNF	
	Gonzaga, Eric	639	Woodbury, MN				277 01:42:22.8						DNF	
	Anderson, Craig	430	Lino Lakes, MN	42 00:07:52.6	32 00:02:07.9								DNF	
	Stenson, Don	327	Plymouth, MN	7 00:05:54.6	92 00:02:42.1								DNF	
	Scott, Samuel	914											DNS	
	Junnila, Tom	834	St. Louis Park,										DNS	

Individual - Sprint Distance Triathlon			0.25 mi swim	swim/bik	20.1 mi bike	bike/run	3.1 mi run	7/30/2006	
Place	Name	Bib	PL swim	PL swim/bike	PL bike	PL bike/run	PL run	Finish	Pen
	Peterson, Dan	838	Chanhssen, MN					DNS	
	Tanner, Tim	771	Plymouth, MN					DNS	
	Ellis, John	725	St Paul, MN					DNS	
	Sikkink, Jeff	661	Lake Elmo, MN					DNS	
	Naude, David	673	Eden Prairie,					DNS	
	lind, todd	601	cambridge, MN					DNS	
	Andresen, Craig	621	Bloomington,					DNS	
	Tanvas, Adam	537	Neenah, WI					DNS	
	Suparat,	479	North Branch,					DNS	
	Turner, Fred	493	Farmington, MN					DNS	
	Johnson, Cory	409	Grantsburg, WI					DNS	
	Oliveira, Andre	432	Rochester, MN					DNS	
	Klun, Mike	319	Lindstrom, MN					DNS	
	Chiodo, Richard	325	Lindstrom, MN					DNS	
	Struwe, Brett	328	Minneapolis,					DNS	
	Butwinick, Robert	334	Minnetonka, MN					DNS	
	Kessler, Daniel	335	Chaska, MN					DNS	
	Sandelin, Peter	256	Duluth, MN					DNS	
	Worden, John	285	amery, WI					DNS	
	Jost, Doug	288	Centerville, MN					DNS	
	Kurian, Joe	295	Madison, WI					DNS	

Female Sprint Distance

Division Field: 305

1	Miller, Tanya	266	Plymouth, MN	36	00:08:03.7	5	00:01:35.7	1	00:55:11.7	25	00:00:47.6	5	00:21:59.9	01:27:38.8
2	Schuebel, Correen	937	New Berlin, WI	31	00:07:48.2	1	00:01:08.6	2	00:57:03.2	4	00:00:33.3	11	00:23:07.5	01:29:40.9
3	Tuttle, Mary Beth	291	Pine Springs,	5	00:06:20.3	3	00:01:17.0	4	00:59:00.0	52	00:00:56.5	7	00:22:14.4	01:29:48.4
4	Sander, Merilee	528	Northfield, MN	10	00:06:54.1	12	00:01:58.9	3	00:58:43.6	23	00:00:46.9	9	00:22:31.1	01:30:54.9
5	Felker, Katie	294	Gauthuer, MS	29	00:07:47.1	4	00:01:27.9	7	00:59:15.6	8	00:00:34.7	8	00:22:15.0	01:31:20.5
6	McCann, Katherine	518	andover, MN	4	00:06:19.0	6	00:01:40.1	9	01:00:20.5	35	00:00:49.6	24	00:24:11.7	01:33:21.1
7	Delo, Marjie	938	Delavan, WI	33	00:07:49.9	13	00:01:59.6	6	00:59:12.6	48	00:00:55.1	18	00:23:38.4	01:33:35.8
8	Donahue, Margaret	565	Plymouth, MN	15	00:07:08.3	9	00:01:56.2	12	01:01:54.8	108	00:01:16.6	6	00:22:07.8	01:34:23.9
9	Kotrba, Rachelle	737	Richfield, MN	95	00:09:41.4	51	00:02:32.9	5	00:59:04.3	156	00:01:34.7	19	00:23:38.5	01:36:32.0
10	Kaluza, Corrin	485	St Paul, MN	48	00:08:21.2	32	00:02:22.2	26	01:04:49.1	46	00:00:54.4	1	00:20:16.0	01:36:43.1

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
11	2 Pletcher, Pamela	428 Milwaukee, WI	37	00:08:05.8	50	00:02:32.6	13	01:02:24.0	95	00:01:11.4	22	00:24:02.8	01:38:16.7	
12	1 Heying, Jamie	254 Plymouth, MN	9	00:06:50.7	30	00:02:20.0	20	01:03:26.4	12	00:00:39.4	32	00:25:18.1	01:38:34.8	
13	2 Bono, Katie	905 Minneapolis,	104	00:09:54.7	53	00:02:34.1	14	01:02:34.8	154	00:01:33.1	4	00:21:59.0	01:38:35.9	
14	2 Flury, Nancy	656 Minnetonka, MN	70	00:09:00.0	15	00:02:01.2	15	01:02:54.9	37	00:00:50.2	21	00:23:49.5	01:38:36.0	
15	3 Dickson, Kimberly	524 St Paul, MN	2	00:06:16.0	10	00:01:58.4	17	01:03:04.5	105	00:01:15.1	43	00:26:13.3	01:38:47.5	
16	3 Lyng, Julia	796 Burnsville, MN	27	00:07:41.9	62	00:02:41.5	19	01:03:16.0	68	00:01:00.1	23	00:24:10.9	01:38:50.6	
17	2 Substad, Dawn	637 Minneaoplis,	53	00:08:27.3	28	00:02:18.0	29	01:05:58.1	38	00:00:50.3	3	00:21:33.5	01:39:07.4	
18	4 Jensen, Kathryn	835 St. Paul, MN	44	00:08:15.8	49	00:02:31.5	11	01:00:25.8	87	00:01:08.6	59	00:27:10.1	01:39:32.0	
19	1 Daniels, Sarah	714 Savage, MN	7	00:06:35.6	29	00:02:19.5	49	01:07:34.2	69	00:01:00.1	16	00:23:26.6	01:40:56.3	
20	5 Corbett, Julie	563 Northfield, MN	35	00:07:59.0	34	00:02:22.5	16	01:03:00.2	109	00:01:16.8	49	00:26:24.6	01:41:03.3	
21	6 Klosterman, Amy	516 Saint Paul, MN	17	00:07:08.6	21	00:02:09.5	31	01:05:58.7	40	00:00:50.6	34	00:25:21.5	01:41:29.1	
22	3 Conrad, Sara	251 St Paul, MN	101	00:09:52.5	7	00:01:42.7	34	01:06:13.2	18	00:00:45.8	14	00:23:25.2	01:41:59.6	
23	4 VanDerBill,	425 Litchfield, MN	54	00:08:28.2	48	00:02:30.9	32	01:06:07.3	70	00:01:00.7	27	00:24:42.2	01:42:49.5	
24	5 Karnes-Toth,	258 Mound, MN	151	00:11:04.1	11	00:01:58.7	24	01:04:15.3	34	00:00:49.5	30	00:25:08.1	01:43:16.0	
25	4 Schwartz, Heather	308 Minnepolis, MN	16	00:07:08.5	46	00:02:30.0	25	01:04:46.1	39	00:00:50.4	81	00:28:10.5	01:43:25.7	
26	4 Dallmann, Katrina	489 Osceola, WI	88	00:09:31.6	37	00:02:24.6	39	01:06:32.5	2	00:00:30.9	29	00:24:55.8	01:43:55.6	
27	6 Nelson, Margaret	464 St. Paul, MN	50	00:08:22.1	61	00:02:41.1	57	01:08:11.9	119	00:01:21.8	17	00:23:38.4	01:44:15.5	
28	3 Tracy, Abigail	569 Vadnais	20	00:07:13.7	150	00:03:47.9	94	01:11:12.9	13	00:00:41.5	2	00:21:32.0	01:44:28.2	
29	7 Dixon, Kathy	598 St. Anthony,	14	00:07:07.8	75	00:02:49.0	23	01:04:00.0	82	00:01:06.5	110	00:29:32.5	01:44:35.8	
30	4 Malczewski, Jamie	576 Oshkosh, WI	107	00:09:59.7	35	00:02:23.6	62	01:08:31.8	20	00:00:46.4	10	00:23:04.0	01:44:45.7	
31	5 Martin, LeeAnn	743 Marinette, WI	63	00:08:38.2	60	00:02:40.3	38	01:06:21.8	89	00:01:09.7	48	00:26:23.7	01:45:13.8	
32	5 Linde, Kimberly	766 Bloomington,	11	00:06:56.4	69	00:02:45.7	36	01:06:19.9	99	00:01:12.3	79	00:28:01.5	01:45:16.0	
33	6 Bartz, Carol	354 Chisago, MN	30	00:07:48.0	95	00:03:04.4	81	01:10:15.2	19	00:00:46.1	15	00:23:25.9	01:45:19.8	
34	6 Holthus, Kimberly	698 Vadnair Hghts,	12	00:07:02.1	93	00:03:03.9	82	01:10:16.9	177	00:01:48.3	20	00:23:47.4	01:45:58.8	
35	5 Riergraf, Michelle	689 SCF, WI	93	00:09:41.0	162	00:03:55.6	28	01:05:32.6	134	00:01:26.2	38	00:25:41.7	01:46:17.3	
36	7 Metz, Carol	744 Apple Valley,	103	00:09:54.2	79	00:02:52.9	27	01:05:16.0	178	00:01:48.8	52	00:26:38.9	01:46:31.0	
37	8 Rudin, Jennifer	859 mendota	41	00:08:08.3	132	00:03:32.9	40	01:06:35.0	147	00:01:30.1	64	00:27:20.4	01:47:06.9	
38	3 Kirschling,	515 Minneapolis,	38	00:08:06.4	146	00:03:42.3	76	01:09:54.4	54	00:00:56.8	28	00:24:50.8	01:47:30.9	
39	2 SAMPLES, AMY	342 AUSTIN, MN	43	00:08:13.8	179	00:04:07.2	88	01:10:40.3	170	00:01:46.0	12	00:23:12.6	01:48:00.1	
40	6 crecelius, cindy	495 minnetonka, MN	168	00:11:26.8	26	00:02:16.5	22	01:03:57.7	162	00:01:39.4	96	00:28:59.6	01:48:20.1	
41	1 Minder Chatterton,	312 Shoreview, MN	18	00:07:09.5	91	00:03:02.7	60	01:08:30.0	176	00:01:48.0	76	00:27:53.9	01:48:24.3	
42	7 Levi, Suzanne	764 St Paul, MN	120	00:10:13.4	63	00:02:41.7	51	01:07:49.3	141	00:01:27.6	46	00:26:21.3	01:48:33.5	
43	8 Flom, Deborah	372 Sainr Louis	72	00:09:03.5	55	00:02:37.5	66	01:09:01.8	103	00:01:13.7	53	00:26:44.5	01:48:41.2	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
44	8 Weidner, Mary	371 Edina, MN	71	00:09:00.6	41	00:02:27.7	86	01:10:33.6	57	00:00:57.2	39	00:25:42.1	01:48:41.3	
45	9 Marolt, Stephanie	890 Minneapolis,											01:48:54.0	
46	4 Rudiger, Rachel	713 Apple Valley,	78	00:09:16.6	64	00:02:42.3	33	01:06:07.6	155	00:01:34.2	103	00:29:18.7	01:48:59.5	
47	9 Haukaas, Jean	710 Fridley, MN	220	00:13:09.5	54	00:02:35.7	42	01:06:53.1	59	00:00:57.5	35	00:25:25.2	01:49:01.1	
48	1 wheeler, lisa	646 River Falls, WI	99	00:09:49.8	90	00:03:00.5	53	01:08:08.0	122	00:01:23.1	54	00:26:52.0	01:49:13.6	
49	7 Bhesania, Kimberly	571 Minneapolis,	19	00:07:13.4	81	00:02:53.7	84	01:10:20.8	130	00:01:25.5	69	00:27:30.6	01:49:24.3	
50	9 Wenger, Amy	268 Slinger, WI	52	00:08:24.6	24	00:02:16.0	43	01:06:53.7	135	00:01:26.5	129	00:30:23.6	01:49:24.6	
51	5 Groene, Emily	470 Minneapolis,	177	00:11:34.3	16	00:02:02.8	35	01:06:18.5	86	00:01:07.6	86	00:28:24.1	01:49:27.4	
52	10 Wack, Kimberly	482 Lindstrom, MN	180	00:11:39.8	23	00:02:14.1	18	01:03:11.8	45	00:00:54.3	153	00:31:35.3	01:49:35.6	
53	10 LaCanne, Beth	775 Rochester, MN	186	00:11:54.6	66	00:02:42.9	30	01:05:58.4	142	00:01:28.5	71	00:27:40.4	01:49:45.0	
54	11 Rehling, Jennifer	562 Andover, MN	57	00:08:30.7	27	00:02:17.8	61	01:08:30.8	92	00:01:11.0	101	00:29:17.9	01:49:48.3	
55	12 Griffin, Jamie	548 Minneapolis,	47	00:08:20.0	167	00:03:58.4	54	01:08:09.2	51	00:00:55.7	88	00:28:41.6	01:50:05.1	
56	11 Anderson, Alicia	373 Edina, MN	145	00:10:49.0	19	00:02:06.8	58	01:08:18.7	44	00:00:54.3	80	00:28:07.6	01:50:16.4	
57	8 Hill, Jessica	593 Mpls, MN	195	00:12:07.2	99	00:03:11.1	48	01:07:33.6	164	00:01:42.0	40	00:25:42.5	01:50:16.6	
58	6 Menssen, Katie	870 Minnetonka, MN	121	00:10:16.4	76	00:02:49.0	93	01:11:05.9	17	00:00:45.7	37	00:25:41.5	01:50:38.8	
59	13 Witt, Anna	587 Minneapolis,	51	00:08:23.0	119	00:03:26.1	110	01:13:11.7	222	00:02:32.8	13	00:23:19.3	01:50:53.2	
60	3 Machus, Cindy	585 Mahtomedi, MN	204	00:12:29.5	58	00:02:38.3	37	01:06:20.0	102	00:01:13.4	85	00:28:23.9	01:51:05.3	
61	9 Wittwer, Michelle	517 Saint Paul, MN	142	00:10:45.8	117	00:03:25.3	65	01:09:01.3	110	00:01:16.9	57	00:26:57.8	01:51:27.2	
62	14 Neuman, Jackie	726 Woodbury, MN	122	00:10:17.7	103	00:03:13.4	52	01:08:02.0	209	00:02:10.9	74	00:27:47.4	01:51:31.7	
63	15 Rankin, Stacy	625 Minneapolis,	126	00:10:23.2	123	00:03:28.0	70	01:09:08.5	175	00:01:47.9	55	00:26:54.9	01:51:42.7	
64	16 Wendling, Jessica	265 Dassel, MN	32	00:07:48.3	198	00:04:24.3	83	01:10:18.8	28	00:00:48.2	87	00:28:32.6	01:51:52.4	
65	17 Sluss, Rebecca	793 St Paul, MN	40	00:08:07.9	122	00:03:26.9	64	01:08:46.9	188	00:01:56.6	112	00:29:34.4	01:51:52.8	
66	7 Gallison, Avery	777 St. Paul, MN	184	00:11:50.7	98	00:03:07.8	74	01:09:22.9	55	00:00:56.9	51	00:26:35.8	01:51:54.3	
67	18 Kokjohn, Sydney	700 Minneaoplis,	152	00:11:04.1	127	00:03:29.8	75	01:09:44.5	137	00:01:26.7	47	00:26:21.5	01:52:06.8	
68	19 Olsen, Dayna	719 Golden Valley,	128	00:10:26.7	25	00:02:16.3	73	01:09:22.6	107	00:01:16.1	92	00:28:47.0	01:52:08.9	
69	10 Winecke, Sally	783 eagan, MN	34	00:07:57.2	131	00:03:32.4	71	01:09:10.3	145	00:01:29.5	120	00:30:03.2	01:52:12.8	
70	12 Gunther, Maida	547 Brooklyn Park,	130	00:10:29.9	145	00:03:42.2	46	01:07:13.1	143	00:01:29.2	104	00:29:21.0	01:52:15.7	
71	4 Wilcox, Juliann	455 Lindstrom, MN	112	00:10:08.2	72	00:02:47.0	45	01:07:05.1	3	00:00:31.6	158	00:31:46.2	01:52:18.3	
72	2 Niermann, Kris	615 Maple GGrove,	116	00:10:11.7	45	00:02:29.7	21	01:03:40.9	138	00:01:26.7	196	00:34:35.0	01:52:24.2	
73	20 Johnson, Amelia	385 Bismark, ND	91	00:09:35.9	80	00:02:53.5	79	01:10:07.3	217	00:02:21.3	70	00:27:31.0	01:52:29.1	
74	13 Horihan, Dana	396 Foret Lake, MN	76	00:09:14.1	135	00:03:34.4	55	01:08:09.6	124	00:01:24.5	123	00:30:11.4	01:52:34.1	
75	14 Loppnow, Andrea	505 Vadnais	199	00:12:12.5	57	00:02:38.0	69	01:09:07.4	88	00:01:09.1	67	00:27:27.6	01:52:34.8	
76	10 Andrychowicz,	660 Blaine, MN	61	00:08:36.3	67	00:02:44.1	96	01:11:14.6	182	00:01:52.1	83	00:28:17.2	01:52:44.4	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006		
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
77	11 Spencer, Heather	438	Blaine, MN	60	00:08:33.8	52	00:02:33.9	111	01:13:25.0	29	00:00:48.3	66	00:27:27.4	01:52:48.5	
78	11 Culver, Pamela	925	LaCrosse, WI	124	00:10:20.8	42	00:02:27.8	72	01:09:18.6	111	00:01:18.0	113	00:29:37.8	01:53:03.2	
79	15 Vaughn, Jennifer	350	La Crosse, WI	119	00:10:12.3	65	00:02:42.4	67	01:09:04.4	101	00:01:13.2	134	00:30:35.5	01:53:48.0	
80	16 Nelson, Karen	390	Cambridge, MN	132	00:10:33.9	114	00:03:22.9	63	01:08:42.4	180	00:01:50.5	109	00:29:32.0	01:54:01.8	
81	8 O'Hern, Megan	550	North Branch,	106	00:09:57.1	154	00:03:49.7	44	01:06:59.8	219	00:02:26.0	137	00:30:54.6	01:54:07.3	
82	12 thomsen, anne	269	chisago city, MN	92	00:09:40.3	40	00:02:25.9	104	01:12:15.3	7	00:00:34.0	102	00:29:18.7	01:54:14.3	
83	12 Moritz, Jen	539	Minneapolis,	28	00:07:43.5	47	00:02:30.8	99	01:11:43.0	115	00:01:18.9	141	00:31:02.7	01:54:19.1	
84	17 Deichmon,	529	Mankato, MN	147	00:10:53.0	73	00:02:47.1	89	01:10:47.6	166	00:01:43.4	82	00:28:16.4	01:54:27.7	
85	21 Rogowski, Anna	594	Minneapolis,	138	00:10:42.0	113	00:03:22.8	97	01:11:19.8	159	00:01:37.9	68	00:27:30.5	01:54:33.2	
86	13 Bolger, Sandra	391	Minocqus, WI	46	00:08:16.6	192	00:04:19.9	98	01:11:42.0	129	00:01:25.3	95	00:28:57.4	01:54:41.4	
87	22 schaefer, kate	545	St Louis Park,	83	00:09:25.3	224	00:05:08.9	109	01:13:08.3	184	00:01:52.2	31	00:25:10.6	01:54:45.5	
88	5 Terry, Jill	854	Shoreview, MN	110	00:10:07.8	59	00:02:40.2	102	01:12:01.0	139	00:01:26.8	100	00:29:13.2	01:55:29.2	
89	7 Donahue, Kelly	567	Plymouth, MN	21	00:07:14.7	20	00:02:09.4	161	01:19:40.2	1	00:00:28.1	41	00:26:00.3	01:55:33.0	
90	9 Mooney, Kellie	374	Grand Forks, ND	176	00:11:34.2	180	00:04:07.6	106	01:12:47.7	41	00:00:52.2	44	00:26:15.5	01:55:37.5	
91	23 James, Terra	647	hugo, MN	113	00:10:08.3	129	00:03:32.0	41	01:06:36.6	193	00:02:00.1	181	00:33:28.3	01:55:45.5	
92	24 Stellmach, Kate	716	Apple Valley,	109	00:10:06.6	36	00:02:24.3	91	01:10:52.8	126	00:01:24.9	140	00:31:00.1	01:55:48.8	
93	14 Ziegler, Catherine	887	North Branch,	65	00:08:40.5	105	00:03:16.5	105	01:12:23.2	161	00:01:39.2	118	00:29:49.9	01:55:49.5	
94	15 Mata, Clara	546	Lindstrom, MN	141	00:10:44.8	212	00:04:40.0	112	01:13:36.8	148	00:01:30.3	36	00:25:38.3	01:56:10.3	
95	18 Weis, Colleen	346	Rosemount, MN	219	00:13:05.7	101	00:03:12.2	92	01:10:58.9	160	00:01:38.1	65	00:27:23.2	01:56:18.2	
96	19 Mahnke, LaTonia	750	Sun Prairie, IA	162	00:11:21.6	152	00:03:48.9	68	01:09:04.5	189	00:01:59.1	121	00:30:06.2	01:56:20.6	
97	13 Erickson, Deb	458	Wyoming, MN	173	00:11:30.8	100	00:03:11.2	113	01:13:38.9	73	00:01:02.8	58	00:27:04.4	01:56:28.3	
98	10 Denham, Bayley	679	St. Paul, MN	127	00:10:24.2	228	00:05:29.4	59	01:08:29.5	216	00:02:15.2	119	00:29:53.6	01:56:32.2	
99	20 Lind, Angela	600	cambridge, MN	58	00:08:30.8	205	00:04:33.9	125	01:14:44.4	131	00:01:25.8	63	00:27:19.9	01:56:35.0	
100	8 Andersen, Joelle	616	Hugo, MN	139	00:10:42.5	202	00:04:28.9	50	01:07:41.1	118	00:01:21.2	168	00:32:28.5	01:56:42.5	
101	21 Noble, Jill	611	New Richmond,	82	00:09:21.6	71	00:02:46.7	115	01:13:53.9	100	00:01:12.8	126	00:30:15.9	01:57:31.0	
102	11 Boo, Jill	483	Ramsey, MN	3	00:06:17.4	83	00:02:55.4	173	01:22:40.6	53	00:00:56.7	26	00:24:41.7	01:57:32.1	
103	3 Weis, Corinne	383	LaCrosse, WI	196	00:12:10.4	78	00:02:52.1	85	01:10:20.9	183	00:01:52.2	128	00:30:19.6	01:57:35.5	
104	6 Arnold, Terry	738	Linsdtrom, MN	62	00:08:36.3	70	00:02:46.1	117	01:14:01.7	97	00:01:12.1	143	00:31:09.5	01:57:45.9	
105	22 Antisel, Della	332	Stacy, MN	136	00:10:38.3	175	00:04:04.4	90	01:10:48.8	66	00:00:59.2	159	00:31:52.1	01:58:23.0	
106	14 Sjoberg, Kirsten	718	Minneapolis,	179	00:11:36.8	164	00:03:56.3	77	01:10:01.9	132	00:01:25.8	151	00:31:29.5	01:58:30.6	
107	4 Peterson, Julie	272	Cambridge, MN	98	00:09:45.0	190	00:04:18.1	87	01:10:35.7	218	00:02:21.9	152	00:31:31.7	01:58:32.6	
108	16 Purscell, Carla	800	Richfield, MN	125	00:10:21.4	120	00:03:26.6	80	01:10:08.4	215	00:02:15.0	167	00:32:21.1	01:58:32.7	
109	12 Gospeter, Callie	603	Lakeville, MI	118	00:10:12.2	22	00:02:11.5	120	01:14:11.1	9	00:00:36.2	150	00:31:25.7	01:58:36.9	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
110	25 Urban-Brown,	620 Lakeville, MN		170 00:11:29.8	44	00:02:29.2	127	01:14:57.5	11	00:00:39.4	97	00:29:02.2	01:58:38.3	
111	17 Kissner, Chris	361 Wyoming, MN		172 00:11:30.4	208	00:04:34.6	56	01:08:11.2	237	00:03:21.6	147	00:31:14.6	01:58:52.7	
112	23 James, Martha	778 st. Paul, MN		117 00:10:12.1	88	00:02:57.2	122	01:14:24.9	125	00:01:24.7	125	00:30:15.6	01:59:14.7	
113	2 Keller, Gabby	677 Maple Grove,		25 00:07:33.6	8	00:01:46.5	143	01:17:24.8	5	00:00:33.4	161	00:32:01.3	01:59:19.7	
114	18 Lodico, Karen	591 Lino Lakes, MN		56 00:08:29.9	186	00:04:15.3	101	01:11:56.7	236	00:03:18.2	157	00:31:43.2	01:59:43.5	
115	24 Dingle, Paula	939 Stillwater, MN		55 00:08:29.8	141	00:03:38.4	133	01:15:57.3	213	00:02:14.2	111	00:29:33.3	01:59:53.2	
116	15 Bahr, Venisha	657 Minnetonka, MN		214 00:12:56.0	43	00:02:28.6	123	01:14:41.6	15	00:00:43.1	105	00:29:21.8	02:00:11.2	
117	26 Holt, Chandra	791 Brooklyn Park,		209 00:12:38.4	173	00:04:03.3	107	01:12:49.6	174	00:01:47.8	94	00:28:52.8	02:00:12.0	
118	16 Lauth, Alexandra	907		154 00:11:04.9	116	00:03:23.8	121	01:14:12.1	114	00:01:18.9	130	00:30:25.2	02:00:25.0	
119	25 Kelly, Amy	414 Saint Paul, MN		191 00:12:03.8	165	00:03:56.9	139	01:16:59.2	140	00:01:27.4	42	00:26:07.7	02:00:35.3	
120	26 Knapp, Alison	415 St. Paul, MN		150 00:11:00.7	213	00:04:40.3	108	01:12:57.9	225	00:02:37.3	108	00:29:28.0	02:00:44.3	
121	27 Keane, Lanette	453 Circle Pines, MN		84 00:09:26.9	130	00:03:32.2	126	01:14:50.4	22	00:00:46.7	164	00:32:11.1	02:00:47.5	
122	27 Tomforde, Tracy	609 Minneaoplis,		192 00:12:05.6	97	00:03:06.0	100	01:11:54.6	232	00:02:53.3	139	00:30:56.5	02:00:56.1	
123	28 Anderson, Stacey	893 Chisago City,		185 00:11:52.7	68	00:02:44.1	156	01:19:18.1	79	00:01:05.2	50	00:26:27.7	02:01:28.0	
124	19 Peterson, Susan	767 Minneapolis,		102 00:09:53.5	195	00:04:23.4	124	01:14:42.9	42	00:00:53.1	156	00:31:42.1	02:01:35.2	
125	17 Haagensen, Kristin	662 Falcon Heights,		68 00:08:52.0	33	00:02:22.4	119	01:14:08.2	67	00:00:59.8	201	00:35:19.9	02:01:42.5	
126	28 Stob, Leanne	699 North St Paul,		187 00:11:54.8	229	00:05:36.4	95	01:11:13.9	235	00:03:15.7	115	00:29:42.2	02:01:43.3	
127	18 Nadeau, Elizabeth	797 White Bear		111 00:10:08.0	38	00:02:24.9	140	01:17:00.5	64	00:00:58.5	155	00:31:38.2	02:02:10.3	
128	29 Gruenke, Leah	502 Maplewood, MN		167 00:11:26.1	85	00:02:56.1	132	01:15:42.5	74	00:01:03.2	145	00:31:13.4	02:02:21.4	
129	7 Jensen, Sandy	368 Northfield, MN		79 00:09:17.5	82	00:02:54.9	135	01:16:09.9	14	00:00:41.6	188	00:34:01.0	02:03:05.2	
130	19 Foreman, Maureen	917		77 00:09:15.1	104	00:03:15.8	134	01:16:02.8	91	00:01:10.2	179	00:33:21.5	02:03:05.5	
131	30 Riedl, Sarah	389 St. Paul, MN		13 00:07:07.7	86	00:02:56.4	176	01:22:49.9	181	00:01:51.8	91	00:28:45.4	02:03:31.4	
132	20 Schellinger,	577 Oshkosh, WI		222 00:13:10.6	108	00:03:18.0	78	01:10:05.1	117	00:01:19.2	206	00:35:40.9	02:03:33.9	
133	13 Whitley, Danielle	523 Vista, MN		42 00:08:10.7	241	00:06:16.9	144	01:17:32.1	230	00:02:51.9	93	00:28:48.4	02:03:40.2	
134	14 Condra, Alissa	919		22 00:07:20.9	139	00:03:36.7	145	01:18:06.2	203	00:02:06.4	173	00:32:42.7	02:03:53.3	
135	31 Huwe, Melody	770 North Branch,		194 00:12:06.9	157	00:03:51.9	151	01:18:47.4	76	00:01:04.5	84	00:28:18.2	02:04:09.0	
136	1 Peterson, Patricia	922 Henderson, NV					129	01:15:26.9	233	00:02:59.0	114	00:29:37.8	02:04:36.0	
137	29 Salokar, Cheri	298 Chisago City,		144 00:10:48.8	197	00:04:24.2	130	01:15:32.0	223	00:02:33.8	148	00:31:20.1	02:04:39.0	
138	32 Thompson, Kristi	694 Champlin, MN		156 00:11:06.6	230	00:05:37.0	155	01:19:11.5	163	00:01:41.5	62	00:27:18.1	02:04:54.9	
139	33 Bishofsky, Jill	427 Osceola, WI		182 00:11:43.7	174	00:04:03.8	154	01:19:03.5	224	00:02:34.0	75	00:27:51.7	02:05:16.9	
140	34 Carlson, Janell	514 Fridley, MN		165 00:11:23.9	96	00:03:04.9	138	01:16:45.8	72	00:01:02.2	175	00:33:05.2	02:05:22.1	
141	21 Gooch, Sharon	756 Maplewood, MN		223 00:13:16.9	144	00:03:41.6	152	01:18:52.5	153	00:01:32.4	78	00:27:59.0	02:05:22.7	
142	20 Vukich, Karin	399 Hortonville, WI		208 00:12:37.2	170	00:04:00.0	116	01:13:55.9	27	00:00:48.2	192	00:34:09.3	02:05:30.8	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
143	30 Schloemer, Laurie	290 west bend, WI	213	00:12:52.2	125	00:03:28.1	114	01:13:51.6	229	00:02:51.7	171	00:32:38.3	02:05:42.1	
144	22 Nelson, Mary	559 St. Croix Falls,	159	00:11:09.0	148	00:03:46.2	159	01:19:30.9	47	00:00:54.8	146	00:31:14.5	02:06:35.6	
145	31 Exner, Denise	420 Brooklyn Park,	175	00:11:33.6	143	00:03:41.1	142	01:17:15.6	211	00:02:11.3	160	00:31:54.6	02:06:36.5	
146	15 aho, lindsey	445 minneapolis,	134	00:10:34.6	166	00:03:57.9	180	01:23:03.8	171	00:01:46.1	60	00:27:17.0	02:06:39.6	
147	9 McMahon, Jennifer	501 Eden Prairie,	66	00:08:45.7	196	00:04:23.4	188	01:25:20.5	62	00:00:58.2	61	00:27:18.0	02:06:46.0	
148	23 Flagg, Talisyn	472 Inver Grove	171	00:11:30.4	39	00:02:25.5	147	01:18:13.4	150	00:01:30.6	180	00:33:22.0	02:07:02.1	
149	32 Gralish, Amy	447 Chisago City,	233	00:14:11.3	153	00:03:49.3	137	01:16:40.7	157	00:01:36.0	136	00:30:50.3	02:07:07.9	
150	33 Carlson-Partznick,	355 Chisago City,	153	00:11:04.4	92	00:03:03.4	171	01:22:06.8	85	00:01:07.6	116	00:29:47.2	02:07:09.6	
151	35 Riemer, Megan	648 St Paul, MN	115	00:10:10.5	147	00:03:43.4	166	01:21:16.8	133	00:01:26.1	135	00:30:36.7	02:07:13.8	
152	8 Gruntner, Linda	318 Chisago City,	64	00:08:38.4	102	00:03:12.7	164	01:20:35.0	33	00:00:49.5	189	00:34:01.8	02:07:17.5	
153	9 Rowe, Mary	754 Maplewood, MN	188	00:11:56.3	140	00:03:37.4	146	01:18:10.0	90	00:01:10.0	170	00:32:35.3	02:07:29.2	
154	16 Sibet, Elizabeth	789 Fridley, MN	230	00:13:53.7	172	00:04:02.9	136	01:16:22.0	50	00:00:55.6	166	00:32:17.3	02:07:31.7	
155	24 Brzycki, Else	617 St Paul, MN	203	00:12:25.3	182	00:04:10.0	118	01:14:02.2	242	00:03:37.1	185	00:33:38.1	02:07:52.9	
156	10 O'Hern, Kelsey	665 North Branch,	100	00:09:50.5	246	00:06:40.0	131	01:15:37.5	94	00:01:11.2	198	00:34:54.3	02:08:13.7	
157	34 Greenfield, Shelly	466 Rochester, MN	211	00:12:46.2	214	00:04:41.0	160	01:19:37.5	190	00:01:59.1	98	00:29:11.6	02:08:15.6	
158	11 Brau, Nellie	490 Eden Prairie,	6	00:06:24.9	177	00:04:06.6	215	01:29:53.1	49	00:00:55.6	56	00:26:57.6	02:08:18.0	
159	35 Brunette, Rebecca	398 Ham Lake, MN	105	00:09:56.0	149	00:03:46.2	185	01:24:26.0	146	00:01:29.6	89	00:28:42.7	02:08:20.8	
160	21 Kimlinger, Katie	363 Lindstrom, MN	90	00:09:35.7	142	00:03:39.4	196	01:26:18.5	80	00:01:05.7	72	00:27:44.4	02:08:23.9	
161	10 Helps, Christy	923 Chisago City,	158	00:11:08.2	233	00:05:43.2	150	01:18:26.4	247	00:04:03.5	117	00:29:48.7	02:09:10.2	
162	25 Zemke, Carrie	330 Wyoming, MN	143	00:10:45.9	203	00:04:30.7	158	01:19:22.4	179	00:01:49.1	172	00:32:42.1	02:09:10.4	
163	17 Wendlandt, Alaina	666 Wanamingo, MN	163	00:11:23.1	187	00:04:16.9	163	01:20:16.7	149	00:01:30.4	165	00:32:12.9	02:09:40.1	
164	12 nelson, stacy	655 bloomington,	85	00:09:27.7	56	00:02:37.5	170	01:21:59.2	6	00:00:33.4	203	00:35:37.2	02:10:15.2	
165	36 Belisle-Thene,	711 Hudson, WI	80	00:09:18.9	200	00:04:26.2	174	01:22:40.8	24	00:00:47.4	178	00:33:21.3	02:10:34.7	
166	18 Gerber, Libby	836 Lester, IA	108	00:10:04.4	87	00:02:57.1	198	01:26:24.4	116	00:01:19.2	131	00:30:25.9	02:11:11.1	
167	26 Timm, Jill	733 Chisago City,	221	00:13:10.1	237	00:05:51.6	178	01:22:56.5	152	00:01:32.3	73	00:27:46.2	02:11:16.8	
168	37 Lindsey, Melissa	865 St. Cloud, MN	201	00:12:16.9	207	00:04:34.6	165	01:20:55.9	172	00:01:46.3	163	00:32:06.1	02:11:40.1	
169	19 Zachman, Brooke	509 Elk River, MN	200	00:12:13.4	107	00:03:16.9	194	01:26:09.8	32	00:00:49.2	99	00:29:11.9	02:11:41.4	
170	20 Neuman, Julie	422 Luck, WI	155	00:11:05.6	223	00:05:03.6	148	01:18:18.1	243	00:03:41.2	184	00:33:37.2	02:11:45.8	
171	22 Rapp, Deanna	488 North Branch,	67	00:08:47.2	176	00:04:04.7	103	01:12:01.9	241	00:03:36.0	249	00:43:27.7	02:11:57.7	
172	3 Carlson, Claire	773 Stillwater, MN	160	00:11:09.1	121	00:03:26.7	181	01:23:39.4	36	00:00:50.1	174	00:32:59.6	02:12:05.0	
173	36 Ashley, Karissa	441 River Falls, WI	96	00:09:42.0	199	00:04:25.5	149	01:18:19.4	167	00:01:43.8	224	00:38:22.1	02:12:33.1	
174	11 Pals, Kathy	321 Eagan, MN	247	00:15:58.4	204	00:04:32.6	128	01:15:02.8	173	00:01:47.7	200	00:35:18.6	02:12:40.3	
175	38 Patterson,	405 Wyoming, MN	135	00:10:36.4	84	00:02:55.6	187	01:24:45.6	30	00:00:48.9	187	00:33:42.0	02:12:48.7	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006		
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
176	23 Kober, DiAnne	606	Sheboygan, WI	228	00:13:51.2	110	00:03:20.6	190	01:25:44.5	65	00:00:58.7	106	00:29:22.8	02:13:17.9	
177	39 Schreier, Rose	631	Maplewood, MN	242	00:15:29.1	109	00:03:19.8	179	01:23:03.0	75	00:01:04.4	132	00:30:28.2	02:13:24.8	
178	27 Venhuizen, JoAnn	351	Brooklyn park,	190	00:12:01.9	188	00:04:17.0	141	01:17:10.7	43	00:00:53.7	232	00:39:25.3	02:13:48.8	
179	40 Kolberg, Michelle	605	Sheboygan, WI	129	00:10:28.7	247	00:06:42.7	191	01:25:45.2	63	00:00:58.5	124	00:30:14.8	02:14:10.1	
180	37 Costello, Amy	693	Plymouth, MN	149	00:10:57.7	171	00:04:00.4	204	01:27:19.5	60	00:00:57.5	142	00:31:03.8	02:14:19.1	
181	2 Flory, Rebecca	323	St Paul, MN	246	00:15:53.7	219	00:04:49.4	184	01:24:18.4	77	00:01:05.0	90	00:28:45.1	02:14:51.8	
182	5 Prince, Diana	257	Lake Elmo, MN	227	00:13:31.4	168	00:03:59.0	162	01:20:01.5	169	00:01:45.1	211	00:36:02.1	02:15:19.3	
183	24 Gilman, Kathi	406	Chisago City,	86	00:09:28.7	106	00:03:16.9	192	01:25:50.5	112	00:01:18.4	204	00:35:40.5	02:15:35.1	
184	12 Leaf, Kirsten	911		81	00:09:21.3	181	00:04:08.4	201	01:26:55.9	212	00:02:13.5	177	00:33:11.8	02:15:51.0	
185	21 Severin, Lisa	703	Stacy, MN	157	00:11:07.7	238	00:05:55.2	197	01:26:23.4	113	00:01:18.7	144	00:31:11.2	02:15:56.3	
186	28 Burgoon, Roxanne	461	Lino Lakes, MN	198	00:12:12.3	134	00:03:33.6	207	01:29:11.1	21	00:00:46.6	127	00:30:19.1	02:16:02.9	
187	38 Moon, Megan	872	Center City, MN	250	00:16:24.7	138	00:03:36.1	175	01:22:48.6	186	00:01:54.8	154	00:31:38.1	02:16:22.5	
188	29 Johnson, Julie	301	ramsey, MN	226	00:13:28.0	225	00:05:16.3	157	01:19:19.2	253	00:04:44.0	186	00:33:38.6	02:16:26.4	
189	39 Schultz, Esther	511	Blaine, MN	231	00:13:56.6	161	00:03:55.4	168	01:21:38.1	78	00:01:05.2	209	00:35:53.4	02:16:29.0	
190	40 Iyszka, Lynn	675	Plymouth, MN	178	00:11:34.3	185	00:04:13.0	205	01:27:23.5	84	00:01:07.5	169	00:32:33.2	02:16:51.7	
191	30 Neilson, Jennifer	462	Chisago City,	197	00:12:12.0	133	00:03:32.9	208	01:29:11.6	26	00:00:48.0	162	00:32:04.5	02:17:49.1	
192	3 West, Bonnie	592	St Paul, MN	140	00:10:43.6	216	00:04:44.2	183	01:24:16.0	220	00:02:26.2	208	00:35:52.1	02:18:02.3	
193	22 Grav, Emma	683	Lino Lakes, MN	49	00:08:21.9	124	00:03:28.0	167	01:21:34.6	104	00:01:14.5	248	00:43:27.7	02:18:06.9	
194	25 Forsman, Sandra	823	Lindstrom, MN					202	01:27:07.9	202	00:02:05.9	183	00:33:32.9	02:18:09.4	
195	13 Rooney, Charlene	525	Lino Lakes, MN	169	00:11:28.4	210	00:04:37.3	189	01:25:32.1	228	00:02:51.5	193	00:34:11.6	02:18:41.0	
196	13 Forsman,	822	Lindstrom, MN					219	01:31:01.1	231	00:02:52.4	107	00:29:24.2	02:18:44.2	
197	31 Linder, Amy	734	Fanmington,	225	00:13:23.7	232	00:05:39.6	186	01:24:37.7	185	00:01:52.5	182	00:33:29.8	02:19:03.5	
198	26 Groteboer, Audrey	469	Rochester, MN	218	00:13:04.6	235	00:05:45.9	153	01:18:58.0	256	00:05:58.5	202	00:35:23.0	02:19:10.1	
199	32 Fredstrom, Carrie	314	North Branch,	131	00:10:31.8	189	00:04:17.6	206	01:27:45.9	128	00:01:25.3	199	00:35:09.9	02:19:10.7	
200	14 Erickson, Nancy	839	Minneaoplis,	205	00:12:30.2	111	00:03:20.7	177	01:22:52.5	96	00:01:12.0	233	00:39:43.4	02:19:39.0	
201	33 Speight, Tracy	641	Scandia, MN	97	00:09:42.2	226	00:05:25.6	199	01:26:37.9	210	00:02:11.2	213	00:36:24.5	02:20:21.8	
202	34 Olson, Tara	640	Inver Grove	174	00:11:32.3	137	00:03:35.8	200	01:26:39.7	206	00:02:09.0	215	00:36:41.9	02:20:38.9	
203	41 regan, tracy	681	Minneapolis,	212	00:12:51.7	218	00:04:48.8	169	01:21:40.9	245	00:03:51.8	218	00:37:26.9	02:20:40.2	
204	35 Turinske, Kimberly	535	White Bear	137	00:10:41.3	211	00:04:39.2	210	01:29:18.8	195	00:02:00.6	194	00:34:13.8	02:20:54.0	
205	41 Chlebeck, Karen	628	Maplewood, MN	181	00:11:40.3	160	00:03:55.4	195	01:26:14.1	151	00:01:31.2	220	00:37:59.5	02:21:20.7	
206	42 Voss, Nicole	842	Eden Prairie,	206	00:12:30.8	163	00:03:56.2	209	01:29:13.1	123	00:01:24.4	197	00:34:47.3	02:21:52.0	
207	43 Boerboom, Jessica	378	Minneapolis,	45	00:08:16.1	18	00:02:06.7	250	01:46:09.4	58	00:00:57.3	25	00:24:23.2	02:21:52.9	
208	36 Moe Hoffman, Kari	634	Minneaoplis,	114	00:10:09.9	193	00:04:21.8	212	01:29:26.2	201	00:02:05.6	207	00:35:51.3	02:21:55.0	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
209	37 Gaffney, Bridget	632 St Louis Park,		123 00:10:18.1	184	00:04:12.3	213	01:29:28.6	196	00:02:02.3	210	00:35:53.7	02:21:55.3	
210	4 Usset, Emily	597 mendota		75 00:09:11.7	77	00:02:49.2	240	01:38:50.1	31	00:00:49.0	149	00:31:24.2	02:23:04.4	
211	27 Evensen, Kerry	837 Stillwater, MN		234 00:14:11.9	234	00:05:45.9	211	01:29:25.5	240	00:03:35.9	138	00:30:54.7	02:23:54.1	
212	44 Nelson, Sara	429 North Branch,		202 00:12:20.9	156	00:03:50.0	222	01:31:28.8	208	00:02:10.1	195	00:34:20.6	02:24:10.6	
213	42 Wurdemann, Lisa	898 Harris, MN		207 00:12:33.0	206	00:04:34.5	203	01:27:19.0	144	00:01:29.4	226	00:38:48.6	02:24:44.8	
214	38 Lubs, Julie	883 Minneapolis,		94 00:09:41.1	239	00:05:56.9	182	01:23:56.6	200	00:02:04.6	247	00:43:21.0	02:25:00.4	
215	McGinnis, Kally	918		245 00:15:40.5	2	00:01:12.5	235	01:37:05.2	10	00:00:38.6	133	00:30:30.9	02:25:07.9	
216	28 TOUSIGNANT,	722 forest lake, MN		210 00:12:40.3	221	00:04:56.3	224	01:33:17.6	121	00:01:23.1	176	00:33:05.4	02:25:22.9	
217	39 Pung, Amy	366 Chisago City,		232 00:14:09.5	178	00:04:07.1	217	01:30:48.3	98	00:01:12.3	214	00:36:26.3	02:26:43.6	
218	15 Lohman, Carolyn	503 Spring Lake		215 00:12:57.2	248	00:06:58.1	172	01:22:37.0	234	00:03:03.8	240	00:41:19.7	02:26:56.0	
219	14 Westling, Megan	553 Milaca, MN		24 00:07:33.0	209	00:04:35.4	231	01:35:39.4	61	00:00:58.0	223	00:38:21.6	02:27:07.6	
220	23 Smith, Jacqueline	452 Plymouth, MN		59 00:08:31.6	74	00:02:48.8	228	01:34:09.1	198	00:02:02.7	234	00:39:48.1	02:27:20.4	
221	16 Waller, Shanda	404 Chisago, MN		193 00:12:06.1	249	00:07:17.1	220	01:31:04.2	168	00:01:44.9	205	00:35:40.6	02:27:53.2	
222	40 Willemen, Patty	732 Dresser, WI		244 00:15:34.4	89	00:03:00.2	221	01:31:07.2	56	00:00:57.2	217	00:37:20.3	02:27:59.5	
223	24 Allen, Kelly	690 Chisago City,		161 00:11:10.5	118	00:03:26.1	225	01:33:20.1	81	00:01:05.9	229	00:39:08.6	02:28:11.4	
224	45 Kessler, Katrina	344 Minneapolis,		39 00:08:06.9	183	00:04:11.7	251	01:46:18.3	197	00:02:02.6	77	00:27:54.0	02:28:33.6	
225	25 Gregerson, Jane	451 Plymouth, MN		8 00:06:50.3	94	00:03:04.0	229	01:35:24.5	136	00:01:26.7	244	00:42:00.5	02:28:46.2	
226	6 Wilking, Joyce	915		241 00:15:22.2	191	00:04:19.5	193	01:25:52.2	238	00:03:23.4	238	00:40:51.0	02:29:48.5	
227	43 Hill, Amber	442 Chisago City,		148 00:10:56.1	128	00:03:31.9	243	01:39:55.9					02:30:13.1	
228	46 Hahn, Nicole	356 Shafer, WI		229 00:13:51.5	158	00:03:53.3	216	01:30:25.0	207	00:02:09.3	235	00:40:06.3	02:30:25.6	
229	44 Kuusisto, Sarah	271 Forest Lake, MN		254 00:19:06.5	151	00:03:48.3	238	01:38:36.9	187	00:01:55.3	122	00:30:10.1	02:33:37.3	
230	41 Srock, Tamara	944 Scandia, MN		248 00:16:03.8	215	00:04:42.0	214	01:29:30.0	248	00:04:10.9	236	00:40:08.5	02:34:35.3	
231	29 Pfeiffer, Brenda	910					236	01:37:24.0	204	00:02:06.9	222	00:38:16.7	02:34:51.3	
232	42 Frederickson,	913		217 00:13:02.4	169	00:03:59.5	237	01:37:28.4	205	00:02:07.2	221	00:38:13.7	02:34:51.3	
233	45 Nielsen, Sue	279 Wyoming, MN		252 00:18:32.7	220	00:04:55.3	230	01:35:34.2	194	00:02:00.2	190	00:34:02.8	02:35:05.4	
234	5 Sapp, Hannah	851 Chisago City,		89 00:09:32.8	159	00:03:53.5	247	01:43:40.4	158	00:01:36.4	219	00:37:31.9	02:36:15.1	
235	46 Fay, Trieste	302 Wyoming, MN		146 00:10:49.0	112	00:03:21.9	227	01:33:51.9	71	00:01:01.1	257	00:47:42.1	02:36:46.3	
236	30 Serier, Kathryn	827 Stillwater, MN		251 00:18:31.6	245	00:06:31.5	218	01:30:53.9	244	00:03:51.7	225	00:38:41.7	02:38:30.6	
237	47 Schmitt, Stephanie	358 North Branch,		236 00:14:28.1	236	00:05:46.8	244	01:41:05.8	191	00:01:59.9	216	00:36:54.3	02:40:15.1	
238	7 Beutel, Kathleen	315 Wyoming, MN		243 00:15:31.4	231	00:05:38.8	234	01:36:17.9	214	00:02:14.6	246	00:42:18.0	02:42:01.0	
239	43 Olson, Katie	457 Blaine, MN		74 00:09:11.3	194	00:04:22.4	252	01:46:20.1	106	00:01:15.6	243	00:41:40.2	02:42:49.9	
240	48 Higgins, Kerri	590 Lindstrom, MN		189 00:11:57.0	227	00:05:26.3	241	01:39:33.6	251	00:04:37.6	242	00:41:37.7	02:43:12.2	
241	49 Larkin, Chris	602 Harris, MN		133 00:10:34.5	222	00:04:59.2	253	01:47:38.7	120	00:01:22.5	227	00:38:49.8	02:43:24.9	

Individual - Sprint Distance Triathlon			0.25 mi swim		swim/bik		20.1 mi bike		bike/run		3.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
242	44 Filbert, Kathy	527 Stacy, MN	166	00:11:25.8	253	00:09:31.5	232	01:35:51.1	258	00:08:20.6	228	00:38:59.2	02:44:08.4	
243	8 Westbrook, Inez	521 Chisago City,	164	00:11:23.1	254	00:09:34.3	233	01:35:55.4	257	00:08:16.3	230	00:39:10.7	02:44:20.0	
244	4 Gooch, Mary	418 Minneapolis,					223	01:32:40.6	249	00:04:12.6	245	00:42:06.4	02:44:26.7	
245	47 Frei, Hillary	869 Minneapolis,	69	00:08:54.4	31	00:02:20.1	258	02:05:04.6	199	00:02:03.9	45	00:26:16.7	02:44:39.9	
246	50 Trapp, Toni	426 Grantsburg, WI	237	00:14:32.2	201	00:04:26.4	246	01:42:59.6	239	00:03:32.0	231	00:39:21.2	02:44:51.6	
247	17 Wiza, Linda	652 Chisago City,	255	00:20:53.8	244	00:06:25.0	226	01:33:44.7	255	00:05:50.4	239	00:40:55.0	02:47:49.3	
248	31 Thorsen, Laura	401 Lindstrom, WI	238	00:14:38.0	252	00:07:44.3	239	01:38:41.3	227	00:02:50.3	252	00:44:24.5	02:48:18.6	
249	45 Gosiak, Guenevere	317 Forest Lake, MN	239	00:14:53.5	250	00:07:19.3	245	01:41:07.7	192	00:01:59.9	253	00:44:56.7	02:50:17.3	
250	32 Troy, Jennifer	729 St Paul, MN	183	00:11:44.5	242	00:06:17.5	255	01:50:46.2	165	00:01:43.0	237	00:40:35.9	02:51:07.2	
251	48 Guillory, Jami	369 North Branch,	235	00:14:27.8	255	00:10:53.2	242	01:39:53.0	250	00:04:22.0	241	00:41:36.5	02:51:12.7	
252	6 Nelson, Libby	721 Harris, MN	240	00:15:12.9	115	00:03:23.8	248	01:45:09.0	226	00:02:43.9	255	00:45:15.6	02:51:45.3	
253	18 Zavala, Kay	753 Rosemount, MN	253	00:18:39.6	240	00:06:07.8	256	01:54:23.1	127	00:01:25.1	212	00:36:03.1	02:56:38.9	
254	49 Matze, Sarah	848 St. Paul, MN	87	00:09:29.5	217	00:04:47.2	257	01:56:17.9	93	00:01:11.0	256	00:46:41.7	02:58:27.5	
255	51 Monson, Laurie	365 Wyoming, MN	249	00:16:13.8	243	00:06:21.2	254	01:50:34.1	254	00:04:47.4	251	00:43:52.0	03:01:48.6	
256	7 Eichten, Kasey	849 Lindstrom, MN	216	00:13:01.2	126	00:03:29.7	259	02:08:02.6	252	00:04:42.6	254	00:44:56.7	03:14:12.9	
257	33 Greydanus, Betty	533 Osceola, WI	256	00:27:56.5	251	00:07:19.6	260	02:08:49.7	246	00:04:00.8	250	00:43:35.7	03:31:42.5	
	Nilges, Paula	882 Albertville, MN											DNF	
	Ingelbretson,	921											DNF	
	Forsman, Camille	821 Lindstrom, MN					249	01:45:52.2	221	00:02:30.4			DNF	
	Anderson, Lois	735 Linsdtrom, MN											DNF	
	Keller, Dawn	676 Maple Grove,											DNF	
	Carr-Oxley, Marjie	424 Roseville, MN	26	00:07:33.8									DNF	
	milbrath, carolyn	313 HUDSON, WI	23	00:07:21.9	17	00:02:03.5	47	01:07:14.0					DNF	
	Greene, Jennifer	287 Shafer, MN	224	00:13:21.3	155	00:03:49.7							DNF	
	Zahn, Erica	880 Edina, MN											DNS	
	Larsen, Tamara	933 Chaska, MN											DNS	
	Wilson, Kelly	830 Coon Rapids,											DNS	
	Byrne, Tricia	780 Minneapolis,											DNS	
	Lopez-Stickney,	727 Minneapolis,											DNS	
	sherman, sara	653 eden prairie, MN											DNS	
	Silverstein, Patti	668 Minnetonka, MN											DNS	
	Musegades,	672 Eden Prairie,											DNS	
	Kozo, Kristin	680 Maple Grove,											DNS	

Individual - Sprint Distance Triathlon			0.25 mi swim	swim/bik	20.1 mi bike	bike/run	3.1 mi run	7/30/2006	
Place	Name	Bib	PL swim	PL swim/bike	PL bike	PL bike/run	PL run	Finish	Pen
	Rankin, Andrea	624 Woodbury, MN						DNS	
	Ronco, Jill	633 Minneaoplis,						DNS	
	Fryberger, Sarah	636 Minneaoplis,						DNS	
	Stafford, Dina	564 Edina, MN						DNS	
	Bethe, Virginia	570 St Paul, MN						DNS	
	Hanson, Jayne	599 Cambridge, MN						DNS	
	McElveen,	513 Richfield, MN						DNS	
	Davis, Rachel	454 Edina, MN						DNS	
	Henrickson, Mary	471 Bloomington,						DNS	
	Bents Anderson,	494 St. Paul, MN						DNS	
	hansen, mandie	497 richfield, MN						DNS	
	Eibensteiner, Julie	419 North Oaks, MN						DNS	
	Medeiros, Fabiola	431 Rochester, MN						DNS	
	Blair, Amanda	436 Minneapolis,						DNS	
	Dalager, Nissa	449 St. Paul, MN						DNS	
	Berryman, Jessica	359 Roseville, WI						DNS	
	Styles, Rebecca	370 St Croix Falls, WI						DNS	
	Beck, Carolyn	377 St. Louis Park,						DNS	
	Storm, Carole	310 Minneaoplis, MI						DNS	
	Ryan, Julie	316 Lindstrom, MN						DNS	
	Klun, Christy	320 Lindstrom, MN						DNS	
	Danielson, Nichelle	322 Eden Prairie,						DNS	
	Chiodo, Melissa	324 Lindstrom, MN						DNS	
	Cameron, Kari	326 Wyoming, MN						DNS	
	Struwe, Heather	329 Minneapolis,						DNS	
	Rowe, Amy	338 Mason City, IA						DNS	
	Dempsey, Sarah	347						DNS	
	Solbrack, Diane	274 Cambridge, MN						DNS	
	Schmit, Christine	276 Rochester, MN						DNS	
	Dennhardt,	264 Stillwater,, MN	1 00:03:23.3	14 00:02:00.0	10 01:00:24.2	83 00:01:07.3	33 00:25:20.2	DSQ	
	Hines, Patricia	277 Cambridge, MN	73 00:09:06.8	136 00:03:35.2	8 01:00:08.8	16 00:00:44.2	191 00:34:05.0	DSQ	

Individual - Sprint Distance Triathlon			0.25 mi swim	swim/bik	20.1 mi bike	bike/run	3.1 mi run	7/30/2006	
Place	Name	Bib	PL swim	PL swim/bike	PL bike	PL bike/run	PL run	Finish	Pen
Clydesdale Sprint Distance			Division Field: 31						
1	Gaffer, Steve	670 New Richmond,	2 00:06:31.3	5 00:02:15.9	1 00:57:17.3	1 00:00:41.3	3 00:25:15.0	01:32:01.0	
2	Toth, Joe	739 Mound, MN	21 00:10:52.9	1 00:01:46.7	2 00:58:35.6	4 00:00:53.6	4 00:25:54.6	01:38:03.5	
3	Wallin, Jeff	740 Ladysmith, WI	11 00:08:55.2	2 00:01:48.7	4 01:00:41.5	8 00:01:08.6	6 00:26:33.1	01:39:07.3	
4	SAMPLES,	341 AUSTIN, MN	3 00:06:59.5	18 00:03:58.5	3 00:59:23.1	12 00:01:15.5	8 00:27:57.2	01:39:34.0	
5	VanSickle, Rich	477 Minneaoplis,	7 00:08:27.7	6 00:02:28.0	9 01:03:25.6	6 00:00:59.9	5 00:26:29.2	01:41:50.5	
6	Kutz, Al	417 Sartell, MN	9 00:08:32.5	12 00:03:00.8	12 01:04:24.7	17 00:01:24.7	2 00:24:54.7	01:42:17.6	
7	Holthus, Brian	697 Vadnair Hgts,	4 00:07:07.2	7 00:02:38.8	10 01:03:28.1	20 00:01:36.1	11 00:29:16.2	01:44:06.6	
8	Cayford, Jeff	608 Stillwater, MN	13 00:09:16.2	3 00:02:01.1	5 01:00:51.9	3 00:00:53.0	20 00:31:33.8	01:44:36.3	
9	Walts, Brandon	856 Minneapolis,	1 00:06:25.5	16 00:03:46.7	8 01:03:20.2	15 00:01:20.9	17 00:30:14.8	01:45:08.3	
10	Fisk, Mark	846 Saint Croix	24 00:11:31.5	11 00:02:56.6	6 01:01:44.0	18 00:01:29.0	7 00:27:28.8	01:45:10.1	
11	Winholtz, Mark	275 Andover, MN	15 00:09:26.8	9 00:02:54.2	13 01:05:23.1	10 00:01:12.9	15 00:30:07.6	01:49:04.9	
12	Heying, Tony	712 Plymouth, MN	14 00:09:17.2	10 00:02:56.0	14 01:05:45.9	9 00:01:12.5	16 00:30:11.4	01:49:23.2	
13	Kreuziger, Travis	596 Inver Grove	6 00:08:15.7	8 00:02:41.0	18 01:09:27.1	16 00:01:21.8	9 00:28:04.0	01:49:49.8	
14	Cliffe, Charles	790 North Oaks, MN	5 00:08:05.3	15 00:03:37.7	11 01:04:10.6	5 00:00:58.8	22 00:33:01.7	01:49:54.2	
15	johnson, walt	768 st paul, MN	17 00:09:48.0	28 00:04:54.3	17 01:06:56.1	13 00:01:18.7	14 00:29:42.4	01:52:39.6	
16	Freiberg, paul	723 Maple Grove,			15 01:06:16.0	21 00:01:42.2	24 00:34:47.0	01:52:51.6	
17	Lauer, Chris	582 Stillwater, MN	29 00:17:21.3	20 00:04:11.2	7 01:02:32.9	26 00:02:44.9	12 00:29:28.0	01:56:18.5	
18	Anderson, Edward	858 Plymouth, MN	8 00:08:30.5	13 00:03:12.2	23 01:16:33.6	7 00:01:03.3	10 00:28:58.6	01:58:18.4	
19	Kauffmann, Wayne	507 Minneapolis,	10 00:08:34.7	22 00:04:21.3	24 01:19:52.6	25 00:02:33.2	1 00:24:43.6	02:00:05.5	
20	Knapp, Paul	421 Saint Paul, MN	22 00:11:00.9	24 00:04:31.3	20 01:11:33.7	27 00:04:07.7	13 00:29:31.4	02:00:45.2	
21	Turinske, Robert	534 White Bay Lk,	28 00:14:48.2	25 00:04:35.9	19 01:09:43.2	14 00:01:19.9	21 00:33:01.0	02:03:28.5	
22	Chlebeck, Dominic	630 Maplewood, MN	25 00:11:43.4	26 00:04:36.5	21 01:11:37.0	19 00:01:30.0	25 00:35:09.4	02:04:36.4	
23	Logue, Bryan	555 New Prague,	12 00:08:59.1	14 00:03:21.3	25 01:20:32.4	11 00:01:15.0	23 00:33:17.7	02:07:25.7	
24	Nelson, Bruce	557 Oakdale, MN	18 00:10:10.0	19 00:04:03.3	16 01:06:36.2	28 00:04:29.8	29 00:43:16.1	02:08:35.6	
25	Morris, Steve	376 Foret Lake, MN	19 00:10:24.7	4 00:02:12.5	29 01:25:03.6	2 00:00:49.4	19 00:30:23.7	02:08:54.1	
26	Randall, Tony	758 Center City, MN	27 00:13:58.4	29 00:05:13.7	27 01:21:26.9	22 00:02:12.1	18 00:30:16.5	02:13:07.8	
27	Clark, George	900 Blair, WI	20 00:10:27.3	21 00:04:16.7	26 01:20:41.2	24 00:02:24.8	26 00:36:40.4	02:14:30.7	
28	Beck, Chris	824 Wyoming, MN	23 00:11:14.0	23 00:04:29.1	22 01:13:59.3	29 00:04:44.1	27 00:40:18.4	02:14:45.0	
29	Wilkinson, Russell	583 St Louis Park,	16 00:09:32.7	27 00:04:42.8	28 01:23:59.4	23 00:02:17.8	28 00:42:39.1	02:23:11.9	
30	Anderson, Michael	785 Minneaoplis,	26 00:11:57.2	17 00:03:58.0				02:30:14.5	
31	gardner, mark	581 denmark						02:36:22.0	

Individual - Sprint Distance Triathlon			0.25 mi swim	swim/bik	20.1 mi bike	bike/run	3.1 mi run	7/30/2006	
Place	Name	Bib	PL swim	PL swim/bike	PL bike	PL bike/run	PL run	Finish	Pen
Athena Sprint Distance									
Division Field: 20									
1	Herman, Katie	480 Lino Lakes, MN	1 00:08:17.1	2 00:02:31.9	2 01:06:07.4	7 00:01:25.5	4 00:29:43.5	01:48:05.6	
2	Haupt, Elise	512 St Paul, MN	2 00:08:22.2	9 00:04:15.6	1 01:05:16.8	8 00:01:35.7	3 00:28:45.6	01:48:16.2	
3	Woods, Susan	860 Shoreview, MN	6 00:10:11.2	1 00:02:18.9	4 01:09:13.9	5 00:01:16.4	2 00:28:05.0	01:51:05.6	
4	12 McDonough, Jen	613 Lindstrom, MN	10 00:12:09.3	5 00:03:57.4	3 01:06:26.4	6 00:01:23.9	1 00:28:00.7	01:51:57.9	
5	Japs, Stephanie	433 Minneapolis,	7 00:10:18.1	4 00:03:37.0	5 01:11:35.8	11 00:01:48.9	8 00:33:03.7	02:00:23.6	
6	Flohaug, Ginger	435 Blaine, MN	9 00:11:55.8	6 00:03:57.4	7 01:12:54.2	10 00:01:47.1	7 00:33:00.6	02:03:35.4	
7	Joyce, Denise	589 Saint Paul, MN	12 00:13:21.7	3 00:03:24.9	9 01:16:45.4	3 00:00:58.3	5 00:30:22.2	02:04:52.7	
8	Sellner, Liane	282 Lindstrom, MN	4 00:09:56.7	15 00:05:26.8	8 01:13:38.0	13 00:02:59.2	12 00:36:33.6	02:08:34.5	
9	Blake, Lisa Boland	629 N S P, MN	11 00:12:24.2	7 00:04:03.3	10 01:18:33.7	1 00:00:45.8	9 00:33:36.0	02:09:23.3	
10	Franck, Susan	499 Lincoln, NE	3 00:09:24.5	10 00:04:22.4	11 01:19:50.0	12 00:02:30.7	10 00:33:38.0	02:09:45.9	
11	Sellner, Joanne	273 Lindstrom, MN	5 00:10:03.8	14 00:05:19.0	6 01:12:39.5	14 00:03:58.2	13 00:37:46.0	02:09:46.6	
12	Elzy, Tammy	278 Lindstrom, MN	8 00:11:19.6	8 00:04:06.8	15 01:31:17.2	4 00:01:12.2	6 00:31:36.6	02:19:32.5	
13	wellman, mary	558 ramsey, MN	13 00:14:30.5	12 00:04:48.3	12 01:26:45.3			02:31:14.9	
14	44 Conley, Katie	357 Stacy, MN	15 00:19:44.2	11 00:04:26.8	14 01:30:17.4	2 00:00:53.9	11 00:36:19.2	02:31:41.7	
15	Cress, Jessica	446 Chippewa Falls,	14 00:17:23.3	13 00:05:02.8	13 01:27:00.4	9 00:01:43.7	14 00:43:04.8	02:34:15.2	
	Kauffmann, Paisley	508 Minneapolis,						DNS	
	Casey, Lisa	410 DePere, WI						DNS	
	Clauson-Gordon,	450 Maplewood, MN						DNS	
	Redich, Linda	367 Lindstrom, MN						DNS	
	McCormick, Mary	307 Becker, MN						DNS	

Team - Sprint Distance Relay	0.25 mi swim	swim/bik	20.1 mi bike	bike/run	3.1 mi run	7/30/2006							
Place	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
Div/Age Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen

Team - Sprint Distance Relay Triathlon

Field: 28

Relay Team Sprint Distance

Division Field: 27

1	Burns, Eric	942	Jordan, MN	2	00:06:03.4	1	00:01:08.5	1	00:51:00.5	3	00:00:28.4	1	00:17:08.4	01:15:49.4
2	Stieglitz, Kiel	886	Menomonie, WI	7	00:08:05.5	21	00:02:03.2	3	01:01:51.5	15	00:00:41.3	2	00:20:50.4	01:33:32.1
3	Gallagher, Matt	929	Canyon Falls,	1	00:05:39.2	7	00:01:36.7	8	01:06:38.1	16	00:00:41.5	3	00:21:48.1	01:36:24.0
4	Marolt, Stephanie	999	Minneapolis,	6	00:07:32.2	23	00:02:04.7	5	01:04:55.0	19	00:00:44.8	4	00:23:32.6	01:38:49.5
5	Buerkle, Ron	804	Rush City, MN	3	00:06:45.9	15	00:01:54.7	12	01:09:43.1	1	00:00:20.9	6	00:24:27.0	01:43:11.9
6	Horton, Forrest	813	Princeton, MN	13	00:10:22.7	19	00:01:59.1	6	01:04:55.2	9	00:00:33.6	11	00:26:57.9	01:44:48.7
7	2 Richert, Deb	927	Chisago City,	24	00:16:04.7	11	00:01:48.7	2	01:00:06.6	14	00:00:39.6	10	00:26:32.4	01:45:12.3
8	Nash, Kathryn	808	Maplewood, MN	11	00:10:08.2	3	00:01:28.5	4	01:03:49.9	10	00:00:34.2	14	00:29:25.7	01:45:26.7
9	Bryant, Kristen	814	Maplewood, MN	9	00:09:47.1	5	00:01:32.2	9	01:06:43.0	2	00:00:26.6	12	00:28:24.5	01:46:53.5
10	Lewis, Ben	850	Chisago City,	5	00:07:32.2	26	00:02:52.6	13	01:10:23.0	23	00:00:55.4	7	00:25:11.0	01:46:54.4
11	Herzig, Jessica	810	Forest Lake, MN	23	00:13:33.8	22	00:02:03.8	7	01:06:10.1	11	00:00:36.8	17	00:30:36.4	01:53:01.0
12	18 jaeger, Heidi	844	New Brighton,	15	00:11:38.9	25	00:02:10.8	10	01:06:51.4	25	00:01:07.6	24	00:33:46.1	01:55:35.1
13	Gunderson, Chris	802	Roseville, MN	22	00:13:15.3	12	00:01:52.5	14	01:11:24.1	4	00:00:29.2	15	00:29:29.1	01:56:30.3
14	Roberts, Craig	818	Lindstrom, MN	17	00:11:48.9	16	00:01:55.3	15	01:12:01.4	13	00:00:39.6	18	00:30:37.6	01:57:02.9
15	Holen, Jerry	815	Roseville, MN	19	00:12:02.5	20	00:02:00.0	11	01:09:15.9	7	00:00:31.0	25	00:35:43.2	01:59:32.9
16	29 Maring, Nathanael	878	chisago city, MN	20	00:12:15.3	18	00:01:55.9	16	01:16:05.7	22	00:00:52.4	13	00:29:14.8	02:00:24.4
17	Genheimer, Caleb	807	North Branch,	18	00:11:50.3	4	00:01:30.0	21	01:26:42.6	5	00:00:29.7	5	00:23:34.7	02:04:07.5
18	Richter- Norgel,	812	St. Paul, MN	4	00:06:54.2	2	00:01:27.4	22	01:29:25.1	20	00:00:45.7	9	00:26:16.0	02:04:48.7
19	Beimert, Anessa	805	Scandia, MN	16	00:11:39.8	14	00:01:54.4	18	01:19:56.8	6	00:00:30.6	23	00:32:42.5	02:06:44.2
20	Oslund, Dee Ann	941	Cambridge, MN	12	00:10:11.6	27	00:04:08.6	19	01:23:10.9	26	00:01:55.6	20	00:31:42.3	02:11:09.3
21	Hutchens, Kristine	811	Minneapolis,	27	00:21:06.6	9	00:01:44.4	17	01:18:31.0	8	00:00:32.4	19	00:30:44.9	02:12:39.5
22	Larsen, Susan	803	Chisago City,	26	00:16:17.4	10	00:01:44.9	20	01:24:36.3	12	00:00:37.0	16	00:30:14.9	02:13:30.6
23	kapsner, jean	809	blaine, MN	8	00:08:58.0	6	00:01:36.7	23	01:35:02.9					02:21:46.2
24	Dronen, Andrea	806	Lindstrom, MN	10	00:10:08.1	13	00:01:52.7	25	01:37:53.4	17	00:00:44.0	22	00:32:32.4	02:23:10.8
25	Emond, Audie	801	W St Paul, MN	21	00:12:19.1	17	00:01:55.4	26	01:49:18.1	21	00:00:50.4	8	00:25:54.2	02:30:17.5
26	Wynveen, Karen	817	Oscola, WI	25	00:16:08.8	8	00:01:42.9	24	01:35:24.6	18	00:00:44.3	26	00:41:56.9	02:35:57.8
27	Nelson, James	816	Minneaoplis,	14	00:11:37.4	24	00:02:08.4	27	02:07:18.0	24	00:01:00.3	21	00:32:01.2	02:54:05.4

Relay Female Team Sprint Distance

Division Field: 1

1	21 Thiel, Marianne	885	Plymouth, MN	1	00:07:46.0	1	00:01:43.2	1	01:07:59.1	1	00:00:46.8	1	00:35:01.4	01:53:16.6
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Individual - Half Ironman Triathlon Field: 233

Male Half Ironman Distance Division Field: 155

1	Balabuck,	18 Thunder Bay,	1	00:26:45.1	7	00:02:00.0	3	02:17:28.3	1	00:00:35.2	1	01:18:59.6	04:05:48.3	
2	1 Raymond, Rod	47 Duluth, MN	6	00:29:01.7	1	00:01:35.6	4	02:17:56.3	2	00:00:40.7	6	01:31:36.5	04:20:51.0	
3	1 Sartain, Jeremy	46 St Paul, MN	14	00:31:28.0	2	00:01:36.7	2	02:14:36.9	4	00:00:47.8	8	01:34:00.4	04:22:30.0	
4	1 Holden, David	15 North Hudson,	2	00:26:48.1	3	00:01:40.0	10	02:27:48.4	8	00:00:55.7	4	01:29:37.4	04:26:49.6	
5	2 Gamboa, Robert	124 St Louis Park,	5	00:28:33.9	32	00:02:41.5	7	02:21:02.8	21	00:01:11.1	14	01:38:15.5	04:31:45.1	
6	3 Meyer, Timothy	157 North Oaks, MN	24	00:32:23.7	58	00:03:15.1	9	02:27:11.4	25	00:01:14.9	3	01:28:52.1	04:32:57.3	
7	1 Des Marais, Matt	120 Saint Paul, MN	8	00:29:32.0	8	00:02:00.1	5	02:18:58.7	9	00:00:58.8	26	01:45:34.0	04:37:03.7	
8	4 Schultz, Karl	7 Lakeville, MN	13	00:31:26.7	6	00:01:57.1	11	02:29:14.8	7	00:00:51.7	10	01:35:35.0	04:39:05.5	
9	2 Cooper, Scott	102 Holmen, WI	19	00:32:09.7	12	00:02:13.6	15	02:32:37.6	3	00:00:42.4	9	01:35:11.0	04:42:54.5	
10	2 Beversdorf, Mark	42 Wittenberg, WI	32	00:34:01.1	4	00:01:48.1	12	02:31:26.8	6	00:00:50.8	12	01:37:13.3	04:45:20.3	
11	3 Alvarez, Guy	155 Lino Lakes, MN	4	00:28:24.9	5	00:01:51.9	14	02:32:34.6	14	00:01:04.3	28	01:46:45.8	04:50:41.6	
12	4 Novak, Jason	197 Rochester, MN	56	00:36:50.3	66	00:03:24.3	8	02:24:38.2	38	00:01:30.8	25	01:45:32.5	04:51:56.3	
13	3 Lyon, david	43 mankato, MN	15	00:31:41.7	15	00:02:16.9	36	02:44:53.6	30	00:01:23.4	7	01:32:54.6	04:53:10.3	
14	4 Lundberg, Dave	88 Woodbury, MN	44	00:35:09.3	39	00:02:49.2	16	02:34:38.8	39	00:01:31.3	16	01:41:18.8	04:55:27.5	
15	1 Felling, Jim	10 River Falls, WI	38	00:34:52.3	28	00:02:38.8	38	02:45:56.1	44	00:01:32.3	5	01:31:09.9	04:56:09.5	
16	5 Peterson, Randy	149 Northfield, MN	11	00:31:01.5	21	00:02:30.2	13	02:31:39.4	45	00:01:32.9	38	01:51:32.9	04:58:17.1	
17	5 Frischman,	5 Minneapolis,	51	00:35:56.2	11	00:02:13.4	17	02:36:28.1	5	00:00:49.2	24	01:45:12.7	05:00:39.8	
18	1 Reed, Jim	56 Duluth, MN	30	00:33:28.7	40	00:02:50.5	41	02:46:47.2	24	00:01:13.5	13	01:38:15.3	05:02:35.3	
19	2 German, Theodore	62 Minneapolis,	22	00:32:20.6	70	00:03:28.5	26	02:40:47.4	51	00:01:42.1	22	01:44:59.7	05:03:18.5	
20	5 Isaksen, Borg	128 Brule, WI	41	00:35:01.7	42	00:02:51.4	28	02:40:55.4	32	00:01:25.7	19	01:44:03.4	05:04:17.8	
21	3 Hankee, Mike	200 Lino Lakes, MN	35	00:34:19.8	23	00:02:33.3	22	02:39:53.4	15	00:01:04.7	31	01:47:21.6	05:05:12.9	
22	6 Younker, Steve	203 Mason City, IA	64	00:37:39.0	76	00:03:36.7	37	02:45:33.4	47	00:01:34.0	11	01:36:55.5	05:05:18.8	
23	6 Chapin, Mark	1 River Falls, WI,	33	00:34:02.6	10	00:02:11.7	23	02:39:55.4	27	00:01:17.2	33	01:48:46.2	05:06:13.3	
24	2 HUCKLE, Brad	31 Arden Hills, MN	17	00:32:05.6	22	00:02:31.8	27	02:40:47.6	80	00:02:45.4	32	01:48:03.4	05:06:14.0	
25	7 Bratt, Stan	33 Mpls, MN	66	00:37:52.5	14	00:02:16.5	29	02:41:18.8	19	00:01:10.3	21	01:44:20.4	05:06:58.7	
26	6 Marsh, Scott	217 Austin, MN	18	00:32:08.7	27	00:02:36.9	21	02:38:26.8	66	00:02:06.7	42	01:52:29.6	05:07:48.8	
27	7 Rohan, David	206 Omaha, NE	20	00:32:14.6	60	00:03:16.4	45	02:48:53.9	17	00:01:08.4	17	01:42:21.1	05:07:54.5	
28	3 Schonhardt, Larry	209 New Hope, MN	7	00:29:03.7	37	00:02:47.1	34	02:43:27.2	13	00:01:04.1	43	01:52:58.1	05:09:20.4	
29	8 Mouw,	59 White Bear	10	00:30:46.4	29	00:02:38.8	6	02:19:50.2	46	00:01:33.7	88	02:15:26.7	05:10:15.9	
30	9 Becker, Kurt	188 Woodbury, MN	3	00:28:15.1	46	00:02:56.8	32	02:41:42.6	35	00:01:29.1	48	01:56:01.7	05:10:25.5	

Individual - Half Ironman Triathlon			1.2 mi swim		swim/bik		55.4 mi bike		bike/run		13.1 mi run		7/30/2006		
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
31	8 Mueller, Carl	19	Minneapolis,	68	00:38:26.4	20	00:02:30.2	25	02:40:32.8	10	00:00:59.4	36	01:49:53.4	05:12:22.4	
32	4 Longhini, Ross	95	West Lakeland,	92	00:40:55.5	55	00:03:07.9	18	02:37:42.1	22	00:01:12.9	35	01:49:44.9	05:12:43.5	
33	7 Swanson, Tom	182	St Paul, MN	104	00:43:14.6	26	00:02:36.6	33	02:42:09.6	56	00:01:47.7	34	01:48:52.3	05:18:41.0	
34	4 LeBeau, Mike	179	Green Bay, WI	37	00:34:50.9	41	00:02:50.8	31	02:41:29.7	20	00:01:11.1	54	01:58:28.6	05:18:51.3	
35	9 Uy, Chris	53	Brooklyn Park,	16	00:31:57.2	25	00:02:35.9	40	02:46:32.7	63	00:02:02.1	50	01:56:10.9	05:19:19.1	
36	1 Stern, John	220	Mequon, WI	71	00:38:43.8	33	00:02:41.7	39	02:45:56.4	23	00:01:13.3	40	01:52:15.3	05:20:50.8	
37	10 Tessmer, Eric	133	Minneaoplis,	49	00:35:48.7	82	00:03:48.4	63	02:56:09.1	36	00:01:29.7	18	01:43:55.2	05:21:11.2	
38	10 Patrick, Kim	28	Sioux Falls, SD	23	00:32:21.8	52	00:03:02.3	49	02:51:45.9	12	00:01:02.0	45	01:54:00.1	05:22:12.2	
39	5 DeGroot, Jonathan	175	Sioux Falls, SD	63	00:37:38.4	54	00:03:07.3	19	02:37:42.9	65	00:02:04.7	64	02:01:41.2	05:22:14.7	
40	6 Farbotko, Colin	2	Minneapolis,	47	00:35:24.5	9	00:02:10.7	53	02:53:07.6	11	00:01:01.0	41	01:52:15.4	05:23:59.3	
41	7 Spredemann,	22	madison, WI	57	00:37:11.4	81	00:03:44.2	68	02:57:40.3	77	00:02:36.1	20	01:44:16.1	05:25:28.4	
42	8 Keating, Jim	215	Onalaska, WI	12	00:31:02.9	109	00:05:01.9	83	03:01:27.3	92	00:03:07.9	27	01:46:07.9	05:26:48.1	
43	11 Reimer, Daniel	207	St. Paul, MN	48	00:35:33.4	112	00:05:15.2	42	02:47:07.0	84	00:02:50.0	49	01:56:09.8	05:26:55.7	
44	12 Kalar, Mark	247	Minneapolis,	101	00:42:29.9	106	00:04:47.7	47	02:50:37.0	101	00:03:29.9	29	01:46:59.6	05:28:24.4	
45	2 Francois, Rick	193	Belleville, WI	94	00:41:38.4	84	00:03:50.1	65	02:56:11.8	62	00:02:01.7	23	01:45:09.7	05:28:51.8	
46	5 Booth, Jim	91	Saginaw, MN	39	00:34:58.8	75	00:03:35.9	103	03:08:56.8	125	00:18:58.8	2	01:22:35.5	05:29:06.1	
47	3 Fristik, John	54	Stillwater, MN	25	00:32:27.0	62	00:03:17.9	54	02:53:19.2	106	00:03:57.1	51	01:56:25.5	05:29:26.9	
48	4 Schmitt, Bill	180	Duluth, MN	29	00:33:13.7	56	00:03:08.5	30	02:41:19.3	31	00:01:25.4	79	02:13:06.5	05:32:13.5	
49	13 lennox, wade	37	mora, MN	65	00:37:41.9	38	00:02:48.8	52	02:53:05.8	40	00:01:31.4	56	01:59:03.3	05:34:11.4	
50	11 Pollock, Jeffrey	244	Plymouth, MN	72	00:38:48.7	24	00:02:34.5	24	02:40:06.1	60	00:01:53.6	76	02:10:57.5	05:34:20.7	
51	1 Larsen, Hank	228	Glencoe, MN	75	00:38:52.2	35	00:02:43.6	58	02:54:50.6	18	00:01:08.6	52	01:57:00.9	05:34:36.1	
52	9 Krueger, David	138	Appleton, WI	9	00:29:52.3	53	00:03:05.7	76	03:00:05.6	37	00:01:29.7	60	02:00:11.5	05:34:44.9	
53	8 Hoff, Kyle	162	Sioux Falls, SD	40	00:35:00.0	47	00:02:57.3	35	02:44:00.7	41	00:01:31.6	77	02:12:10.8	05:35:40.6	
54	10 Nelson, Kevin	147	St Paul, MN	80	00:39:11.7	65	00:03:24.0	64	02:56:10.3	72	00:02:25.6	47	01:55:15.4	05:36:27.2	
55	14 Bjorklund, Jay	75	Westby, WI	45	00:35:20.5	50	00:02:59.8	71	02:58:48.7	28	00:01:20.2	53	01:58:11.0	05:36:40.4	
56	11 Amaya, Jairo	73	St. Paul,	79	00:39:10.8	48	00:02:58.4	57	02:54:38.0	49	00:01:37.4	55	01:58:50.7	05:37:15.6	
57	15 Johnson, Jeremy	86	Burnsville, MN	62	00:37:38.1	44	00:02:55.3	43	02:47:56.6	48	00:01:34.5	72	02:08:32.1	05:38:36.8	
58	6 Bolger, Mike	186	Minocqus, WI	55	00:36:47.7	72	00:03:31.8	105	03:09:35.2	57	00:01:48.9	30	01:47:06.5	05:38:50.4	
59	1 Huggenherger,	148	Fort Colhound,	53	00:36:12.9	77	00:03:37.7	74	02:59:39.1	54	00:01:45.6	57	01:59:29.1	05:40:44.6	
60	2 Rud, Joshua	185	Eagan, MN	69	00:38:35.0	83	00:03:49.3	97	03:06:11.0	81	00:02:47.0	37	01:49:57.7	05:41:20.2	
61	5 Daniels, Robert	218	Savage, MN	84	00:39:34.6	95	00:04:18.4	91	03:04:45.7	99	00:03:25.7	39	01:52:12.4	05:44:17.0	
62	16 Benson, Jason	199	Wyoming, WI	107	00:43:25.7	73	00:03:33.1	61	02:55:37.7	43	00:01:32.3	65	02:02:37.6	05:46:46.6	
63	17 Moriva, Matt	112	Crivitz, WI	76	00:38:55.2	97	00:04:21.0	80	03:00:37.5	94	00:03:14.2	58	01:59:43.3	05:46:51.4	

Individual - Half Ironman Triathlon			1.2 mi swim		swim/bik		55.4 mi bike		bike/run		13.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
64	12 Tauer, Richard	135 Eden Prairie,	115	00:46:57.2	87	00:03:57.6	48	02:51:43.1	89	00:03:02.1	61	02:01:20.3	05:47:00.4	
65	12 Haukaas, Jon	170 Fridley, MN	70	00:38:40.8	69	00:03:27.8	85	03:02:18.5	71	00:02:22.6	62	02:01:20.9	05:48:10.8	
66	9 Hoffmann, Aaron	27 Saint Paul, MN	43	00:35:07.2	74	00:03:34.1	56	02:54:18.3	69	00:02:15.4	80	02:13:08.4	05:48:23.6	
67	3 Henry, Mark	183 Minneapolis,	105	00:43:22.7	105	00:04:42.0	98	03:06:37.7	73	00:02:25.7	44	01:53:16.4	05:50:24.7	
68	13 Julson, Charles	132 Bloomington,	21	00:32:19.5	57	00:03:12.2	96	03:06:07.7	86	00:02:52.2	67	02:06:38.1	05:51:10.1	
69	18 Miller, Bobby	210 Rochester, MN	73	00:38:50.0	102	00:04:33.9	60	02:54:57.1	111	00:04:30.0	75	02:09:18.9	05:52:10.0	
70	19 Crouin, Robert	178 Minneapolis,	81	00:39:13.8	49	00:02:59.0	50	02:51:59.5	83	00:02:48.1	93	02:16:59.2	05:53:59.8	
71	14 Maxwell, David	107 Westby, WI	96	00:42:07.8	13	00:02:15.4	62	02:55:59.5	26	00:01:16.3	81	02:13:10.3	05:54:49.5	
72	15 Frakes, Drew	142 St Louis Park,	83	00:39:31.9	85	00:03:54.2	55	02:53:24.8	95	00:03:15.2	87	02:14:56.3	05:55:02.6	
73	16 Prew, Thomas	227 North St. Paul,	78	00:39:09.8	111	00:05:06.3	95	03:06:05.3	98	00:03:21.6	63	02:01:31.2	05:55:14.5	
74	13 McGibany, CJ	8 Memphis, TN	58	00:37:25.2	127	00:07:49.9	86	03:02:23.6	108	00:04:09.9	66	02:03:45.1	05:55:33.9	
75	14 Barnes, David	167 Farmington, MN	95	00:41:43.9	61	00:03:16.6	112	03:16:04.2	34	00:01:28.3	46	01:54:43.2	05:57:16.3	
76	20 Dietrich, Steven	71 St. Loius Park,	74	00:38:51.2	34	00:02:41.8	92	03:05:10.0	88	00:03:00.7	71	02:08:28.2	05:58:12.1	
77	15 Haberman, Mike	171 Mason City, IA	61	00:37:35.8	80	00:03:41.3	81	03:01:17.7	75	00:02:30.7	82	02:13:45.2	05:58:50.9	
78	21 Greenhalgh,	246 Boulder, CO	82	00:39:21.7	51	00:03:01.1	99	03:07:27.3	52	00:01:42.3	70	02:07:55.7	05:59:28.3	
79	17 Cimino, Mike	154 Fortcalhivn, NE	50	00:35:52.6	71	00:03:29.9	82	03:01:22.6	33	00:01:27.2	94	02:17:24.5	05:59:36.9	
80	18 Nelson, Scott	130 Hudson, WI	109	00:44:11.1	59	00:03:15.8	66	02:56:31.0	82	00:02:47.8	84	02:14:36.9	06:01:22.9	
81	22 Mangnuson, Brian	1000 Minneapolis,	34	00:34:03.3	30	00:02:40.0	51	02:53:03.1	58	00:01:50.8	108	02:30:59.8	06:02:37.2	
82	16 CAHILL, KEVIN	3 PLEASANTON,	31	00:33:43.0	120	00:06:27.1	88	03:03:19.0	113	00:04:51.1	86	02:14:46.7	06:03:07.2	
83	17 Huttig, Martin	4 Greenville, SC	52	00:36:04.8	131	00:09:12.5	69	02:58:13.9	114	00:04:51.5	85	02:14:44.5	06:03:07.4	
84	10 Bergeron, Michael	63 Minneapolis,	36	00:34:34.1	79	00:03:40.0	77	03:00:19.7	59	00:01:52.6	102	02:22:52.6	06:03:19.2	
85	6 Henriksen, Steve	109 West Salem, WI	86	00:40:09.1	16	00:02:20.2	72	02:59:01.1	42	00:01:31.8	99	02:22:17.4	06:05:19.8	
86	7 Hansen, Tim	141 West Allis, WI	26	00:32:33.0	115	00:05:33.7	107	03:11:59.8	85	00:02:52.2	78	02:12:27.1	06:05:26.0	
87	18 Mayeron, Steve	152 Minneapolis,	106	00:43:23.9	45	00:02:56.2	101	03:08:18.3	78	00:02:36.4	74	02:09:05.2	06:06:20.2	
88	19 Dillon, Michael	90 Brainerd, MN	100	00:42:27.3	92	00:04:10.9	90	03:03:29.6	96	00:03:19.4	83	02:13:45.7	06:07:12.9	
89	19 Jahnke, Jonathan	58 Alden, MN	85	00:39:43.3	129	00:08:02.2	104	03:09:20.7	90	00:03:05.6	68	02:07:16.6	06:07:28.5	
90	20 Robinson,	65 Baxter, MN	118	00:47:32.1	36	00:02:46.5	93	03:05:22.1	100	00:03:27.3	73	02:09:03.8	06:08:12.0	
91	11 Bauer, David	39 Inver Grove	67	00:38:23.9	43	00:02:53.6	67	02:56:45.6	68	00:02:12.7	106	02:28:23.7	06:08:39.7	
92	4 KIEFFER,	85 Saint Paul, MN	46	00:35:23.3	91	00:04:09.9	79	03:00:27.2	76	00:02:31.2	105	02:27:40.7	06:10:12.5	
93	20 Blair, Danny	194 Wichita, KS	117	00:47:12.3	68	00:03:27.0	73	02:59:05.8	87	00:02:55.9	95	02:17:37.8	06:10:19.0	
94	7 Myers, Tom	127 White Bear	99	00:42:23.5	88	00:03:58.2	75	02:59:41.5	70	00:02:16.0	103	02:22:55.7	06:11:15.2	
95	21 Scheppat, Thomas	164 Delano, MN	77	00:39:08.7	98	00:04:29.0	94	03:05:41.2	118	00:06:22.5	92	02:16:04.9	06:11:46.6	
96	22 fay, skip	140 plymouth, MN	60	00:37:34.3	124	00:07:06.8	84	03:01:42.2	97	00:03:20.3	101	02:22:50.9	06:12:34.7	

Individual - Half Ironman Triathlon			1.2 mi swim		swim/bik		55.4 mi bike		bike/run		13.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
97	8 Rodriguez, Abel	221 La Crosse, WI		121 00:50:21.7		64 00:03:18.8		89 03:03:25.9		55 00:01:46.5		89 02:15:43.9	06:14:36.9	
98	23 Atan, Ahmet	160 St Louis Park,		119 00:48:19.6		96 00:04:19.5		109 03:13:41.2		104 00:03:45.0		69 02:07:48.8	06:17:54.3	
99	9 Bastian, Preston	213 Wausau, WI		88 00:40:34.3		116 00:05:39.9		113 03:16:44.1		102 00:03:43.3		91 02:16:04.9	06:22:46.7	
100	21 Peltier, Bruce	26 Hartland, WI		114 00:46:54.1		19 00:02:27.9		44 02:48:07.3		61 00:01:57.1		116 02:46:07.3	06:25:33.8	
101	23 holliman, wayne	187 Birmingham, AL		42 00:35:01.9		93 00:04:14.1		87 03:03:17.5		115 00:05:09.5		114 02:39:20.3	06:27:03.4	
102	5 Hedlund, Jason	116 St. Michael, MN		116 00:47:05.8		122 00:06:48.5		106 03:11:40.3		103 00:03:43.4		96 02:18:39.1	06:27:57.3	
103	24 Czerwinski, Kyle	166 Portland, OR		108 00:43:28.1		110 00:05:01.9		116 03:20:13.2		105 00:03:53.3		90 02:15:57.5	06:28:34.2	
104	10 Guevara, Agustin	243 Madison, WI		127 00:59:51.0		132 00:09:48.2		114 03:19:36.0		116 00:05:33.5		59 01:59:57.7	06:34:46.6	
105	24 Baker, Geoff	67 Aus, MN		111 00:46:03.7		104 00:04:36.6		100 03:07:43.8		50 00:01:41.8		111 02:35:10.3	06:35:16.4	
106	8 milbrath, walter	79 HUDSON, WI		87 00:40:24.4		31 00:02:41.0		108 03:12:39.0		79 00:02:43.3		113 02:38:52.5	06:37:20.4	
107	25 deuhs, john	32 inver grove, MN		123 00:51:43.2		78 00:03:39.7		111 03:14:30.8		53 00:01:43.7		107 02:30:44.7	06:42:22.3	
108	26 Bryce, Larry	176 Kohler, WI		98 00:42:13.3		114 00:05:32.8		117 03:20:37.0		122 00:07:49.7		104 02:27:33.1	06:43:46.1	
109	2 Stoeckly, Don	106 LaCrosse, WI		122 00:50:31.6		101 00:04:33.7		128 04:23:47.4				100 02:22:24.5	06:44:42.2	
110	22 Gray, Will	9 Tampa, FL		59 00:37:25.9		128 00:07:52.3		120 03:24:13.7		93 00:03:10.0		109 02:33:35.5	06:46:17.7	
111	25 Swanson, Jeff	64 Andover, MN		103 00:43:07.7		126 00:07:31.0		78 03:00:20.7		117 00:06:12.8		117 02:49:35.2	06:46:47.7	
112	3 Goss, Robert	108 Lewiston, MN		112 00:46:03.8		107 00:04:54.9		123 03:35:00.0		110 00:04:22.0		97 02:20:10.1	06:50:31.0	
113	6 deVries, Trent	225 Minneoplis, MN		133 01:12:01.1		89 00:04:07.4		126 03:53:59.3		16 00:01:05.7		15 01:39:23.5	06:50:37.2	
114	26 Knutson, Jon	248 Plymouth, MN		89 00:40:42.0		63 00:03:18.3		121 03:27:36.7		64 00:02:03.8		119 02:53:30.2	07:07:11.2	
115	27 Richardson, Casey	20 Eden Prairie,		113 00:46:36.9		118 00:05:52.2		115 03:19:39.9		112 00:04:31.2		118 02:51:24.7	07:08:05.1	
116	27 Holmes, Ian	72 Princeton, MN		130 01:05:33.5		113 00:05:31.0		119 03:21:37.4		74 00:02:27.4		110 02:34:10.2	07:09:19.8	
117	7 Baier, Jeremy	189 Minneapolis,		128 01:00:37.6		99 00:04:31.8						98 02:21:05.4	07:12:16.9	
118	12 Kach, Asher	198 Madison, WI		131 01:06:35.4		86 00:03:55.1		122 03:29:29.0		67 00:02:11.4		112 02:35:21.7	07:17:32.8	
119	28 van	145 Prior Lake, MN		126 00:56:08.7		67 00:03:25.2						120 02:59:28.6	07:18:16.5	
120	29 Virga, Joseph	190 Lindstrom, MN		129 01:01:07.3		123 00:07:03.9		118 03:21:09.6					07:18:17.4	
121	11 Strand, Phil	74 Viroqua, WI		90 00:40:42.8		117 00:05:46.1		102 03:08:29.2		119 00:06:39.6		122 03:22:42.8	07:24:20.6	
122	4 Heffernan, David	96 Minneapolis,		124 00:51:50.2		121 00:06:43.4		124 03:43:09.8		109 00:04:11.3		115 02:39:58.7	07:25:53.6	
123	30 Kliewer, Bradley	216 Minneaoplis,		125 00:52:26.0		119 00:06:02.6		127 03:58:13.8		91 00:03:06.2		121 03:05:38.8	08:05:27.6	
	Olson, Bill	226 Rosemount, MN		97 00:42:09.5		90 00:04:08.1		129 04:26:53.1					DNF	
	Jack, David	249 lake elmo, MN		93 00:41:24.2		108 00:04:58.2		1 02:13:16.9		123 00:08:05.4			DNF	
	Welle, Scott	151 New Hope, MN		91 00:40:50.7		100 00:04:31.9		59 02:54:55.5					DNF	
	Fischer, Jim	161 Beresford, SD		132 01:06:46.8		125 00:07:15.9		125 03:46:06.5		121 00:07:02.6			DNF	
	Weiss, Matthias	122 Minocqus, WI		102 00:43:01.5		103 00:04:34.5		110 03:13:41.5		107 00:03:57.5			DNF	
	Pederson, Michael	146 ST Paul, MN		110 00:45:01.6		94 00:04:14.8		20 02:37:52.1		120 00:07:02.2			DNF	

Individual - Half Ironman Triathlon			1.2 mi swim		swim/bik		55.4 mi bike		bike/run		13.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
	shelden, james	60 atlanta, GA	54	00:36:26.9	130	00:09:03.2							DNF	
	Arnold, Chris	12 Saint Louis, MO	120	00:49:38.4									DNF	
	Friedrichs, Dan	13 mankato, MO	27	00:33:07.1	18	00:02:20.7	70	02:58:40.2	124	00:10:21.2			DNF	
	King, Neil*	40 Nevis, MN	28	00:33:09.7	17	00:02:20.3	46	02:48:55.8	29	00:01:22.4			DNF	
	mcnallan, kevin	214 Andover, MN											DNS	
	Pollock, Jeffrey	223 Coon Rapids,											DNS	
	Clark, Jeffery	174 St Paul, MN											DNS	
	Langer, Paul	177 MInneapolis,											DNS	
	Harris, Mark	191 Maplewood, MN											DNS	
	Nicholis, Danniela	104 Onalaska, WI											DNS	
	Hawkinson, Alan	105 Chisago City,											DNS	
	Copenhagen, Bill	117 Robbinsdale,											DNS	
	SURPRISE,	131 MINNEAPOLIS,											DNS	
	Halverson, Eric	134 Minneapolis,											DNS	
	Sartain, Jeremy	123 St Paul, MN											DNS	
	Mangnuson, Brian	156 Minneapolis,											DNS	
	Berreth, Mark	61 Rapid City, SD											DNS	
	Lawrence, Mark	69 Edina, MN											DNS	
	Pernitz, Mark	76 McFarland, WI											DNS	
	Budlong, Ryan	82 Minnesota, MN											DNS	
	Follmuth, Eric	93 Mason City, IA											DNS	
	Johnson, Eric	99 Mayer, MN											DNS	
	Hawkins, Daniel	100 Bloomington,											DNS	
	Thorleifson,	34 Minneapolis,											DNS	
	Holbrook, Drew	44 minneapolis,											DNS	
	Dow, Dave	45 Oakdale, MN											DNS	

Female Half Ironman Distance

Division Field: 69

1	Crosby, Marlo	25 Duluth, MN	11	00:35:13.5	5	00:02:00.8	2	02:29:58.4	2	00:00:47.4	3	01:42:04.0	04:50:04.3	
2	1 Farrell, Emily	70 madison, WI	15	00:36:17.6	19	00:02:52.3	5	02:43:32.7	6	00:01:06.5	1	01:29:38.3	04:53:27.7	
3	1 Johnson, Lisa	41 West Bend, WI	32	00:40:49.0	6	00:02:12.9	10	02:48:40.2	1	00:00:46.8	2	01:31:52.1	05:04:21.3	
4	2 Schlafmann, Cindy	195 Champlin, MN	5	00:33:14.4	2	00:01:39.8	7	02:45:07.2	8	00:01:11.9	6	01:47:20.2	05:08:33.7	
5	1 Rubens, Sue	169 Plymouth, MN	22	00:37:41.2	4	00:02:00.4	4	02:43:27.8	7	00:01:09.8	7	01:48:48.4	05:13:07.8	

Individual - Half Ironman Triathlon			1.2 mi swim		swim/bik		55.4 mi bike		bike/run 13.1 mi run		7/30/2006				
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen	
6	Hankee, Diane	201	Lino Lakes, MN	24	00:38:39.6	7	00:02:14.7	9	02:48:05.6	3	00:00:56.1	4	01:45:17.0	05:15:13.2	
7	Silbernack, Melinda	11	Maple Grove,	6	00:33:54.2	13	00:02:30.7	6	02:44:58.4	13	00:01:19.5	13	01:52:57.6	05:15:40.6	
8	Mouw, Suzann	14	White Bear	2	00:32:04.8	12	00:02:30.4	3	02:30:58.2	20	00:01:41.4	29	02:13:05.4	05:20:20.3	
9	MacMillan,	143	Minneapolis,	16	00:36:55.0	25	00:03:04.1	8	02:46:51.5	9	00:01:12.8	11	01:52:30.1	05:20:33.8	
10	Andres, Michelle	24	East Gull Lake,	18	00:37:05.5	3	00:01:58.9	13	02:54:50.3	11	00:01:18.6	5	01:45:31.1	05:20:44.6	
11	Skladzien,	17	Madison, WI	3	00:32:24.0	38	00:03:30.4	11	02:48:44.3	12	00:01:18.6	18	01:55:49.2	05:21:46.6	
12	Zachman, Pamlea	21	Minneapolis,	4	00:32:26.8	8	00:02:20.3	12	02:49:34.6	19	00:01:36.4	20	02:00:48.2	05:26:46.5	
13	James, Jenna	55		26	00:38:58.9	27	00:03:07.0	14	02:55:05.1	32	00:02:03.7	14	01:53:26.0	05:32:41.0	
14	Dorosz, Lauren	153	Boulder, CO	25	00:38:57.7	31	00:03:12.2	19	03:01:30.9	21	00:01:42.9	17	01:54:04.8	05:39:28.7	
15	Beard, April	23	madison, WI	17	00:37:04.1	15	00:02:45.4	33	03:08:59.2	5	00:01:02.7	10	01:50:00.2	05:39:51.6	
16	Osborn, Lindsay	192	Shakopee, MN	1	00:31:57.9	9	00:02:26.0	15	02:58:11.1	4	00:01:02.0	23	02:07:55.1	05:41:32.2	
17	Woolsey, Amy	97	sauk rapids, MN	13	00:35:40.9	53	00:04:50.4	24	03:03:59.0	47	00:03:20.9	16	01:53:52.1	05:41:43.5	
18	Krause, Elizabeth	212	Madison, WI	21	00:37:41.1	55	00:05:00.7	27	03:05:44.4	48	00:03:25.3	12	01:52:51.3	05:44:43.0	
19	Koop, Amy	241	Minnetonka, MN	42	00:45:36.6	42	00:03:43.1	21	03:03:16.7	54	00:04:21.6	8	01:48:56.9	05:45:55.1	
20	Reinsmoen,	204	St Paul, MN	14	00:36:04.2	28	00:03:08.1	34	03:09:55.2	30	00:02:02.2	19	01:57:45.2	05:48:55.1	
21	Brost, Michelle	78	Medford, WI	12	00:35:13.5	30	00:03:11.7	23	03:03:46.1	15	00:01:25.2	28	02:12:03.4	05:55:40.2	
22	schneider,	6	minneapolis,	37	00:42:45.9	1	00:01:09.6	16	03:00:09.3	43	00:02:58.7	24	02:08:39.6	05:55:43.3	
23	Klistau, Rachel	80	La Crosse, WI	35	00:41:30.6	22	00:02:57.8	18	03:01:17.1	28	00:01:58.3	26	02:10:39.1	05:58:23.0	
24	Nelson, Lindsay	87	Plymouth, MN	20	00:37:36.8	33	00:03:20.9	26	03:04:37.3	34	00:02:16.2	27	02:11:55.1	05:59:46.4	
25	Stoughton, Kailee	16	St. Louis Park,	23	00:37:53.7	49	00:04:10.5	25	03:04:06.2	55	00:04:26.0	25	02:09:44.9	06:00:21.4	
26	Markwardt, Karen	119	LaCrosse, WI	45	00:45:55.2	39	00:03:30.9	22	03:03:18.4	25	00:01:49.6	22	02:06:07.5	06:00:41.9	
27	Cooper, Amy	103	Holmen, WI	30	00:40:02.5	47	00:03:57.8	17	03:00:47.1	33	00:02:15.5	30	02:13:39.0	06:00:42.1	
28	Schmitt, Jenny	181	Duluth, MN	9	00:34:49.0	34	00:03:21.4	29	03:06:28.3	51	00:03:49.6	32	02:14:03.1	06:02:31.5	
29	Bancroft, Kara	196	Eden Prairie,	56	00:57:44.6	40	00:03:30.9	31	03:07:34.7	44	00:03:02.5	15	01:53:30.6	06:05:23.5	
30	Xu, Min-Amy	173	Plymouth, MN	53	00:51:36.2	14	00:02:33.7	44	03:20:15.0	14	00:01:21.0	9	01:49:44.9	06:05:31.1	
31	Moore, Katy	202	Minneaoplis,	31	00:40:14.8	11	00:02:29.9	32	03:08:04.9	10	00:01:17.7	31	02:13:46.7	06:05:54.3	
32	DeGroot, Kara	163	Sioux Falls, SD	10	00:35:02.6	51	00:04:32.9	30	03:07:10.0	35	00:02:16.4	36	02:19:34.5	06:08:36.5	
33	Bergeron, Amy	77	St Paul, MN	33	00:41:03.9	23	00:02:58.4	35	03:10:15.1	41	00:02:46.7	35	02:15:43.3	06:12:47.7	
34	Morgan, Teresa	30	Minnetonka, MN	41	00:44:43.0	36	00:03:26.3	20	03:02:32.1	56	00:04:26.0	38	02:19:51.5	06:14:59.1	
35	Brochman, Cynthia	172	Maplewood, MN	38	00:43:05.1	26	00:03:04.6	36	03:11:04.5	42	00:02:51.5	33	02:15:13.9	06:15:19.9	
36	Dudkiewicz,	136	Eden Prairie,	44	00:45:46.0	17	00:02:47.0	48	03:23:00.7	45	00:03:10.8	21	02:04:24.4	06:19:09.1	
37	Longhini, Vicki	94	West Lakeland,	27	00:39:14.0	46	00:03:53.4	39	03:15:23.0	36	00:02:22.1	37	02:19:37.5	06:20:30.1	
38	Wiegert, Christine	150	Roseville, MN	29	00:39:58.6	44	00:03:48.2	41	03:18:56.0	39	00:02:38.0	34	02:15:23.9	06:20:44.9	

Individual - Half Ironman Triathlon			1.2 mi swim		swim/bik		55.4 mi bike		bike/run		13.1 mi run		7/30/2006	
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen
39	7 Kouba, Michelle	129 Rosemount, MN	34	00:41:18.3	24	00:02:59.4	38	03:12:22.5	29	00:02:01.0	42	02:30:05.3	06:28:46.8	
40	5 Hepola, Ann	83 St. Paul, MN	8	00:34:27.0	21	00:02:57.6	43	03:19:14.9	26	00:01:52.6	45	02:31:41.2	06:30:13.5	
41	2 Collins, Bethany	208 New Hope, MN	7	00:34:13.4	32	00:03:17.5	40	03:17:14.9	40	00:02:38.5	47	02:34:03.6	06:31:28.2	
42	8 Thogmartin,	110 Onalaska, WI	28	00:39:46.0	18	00:02:50.9	42	03:19:02.4	18	00:01:30.3	48	02:34:08.7	06:37:18.6	
43	7 Mead, Jennifer	126 Prior Lake, MN	57	00:57:59.7	10	00:02:27.6	28	03:06:24.8	31	00:02:03.0	46	02:32:59.4	06:41:54.6	
44	9 DeVinck, Caroline	144 Minneapolis,	36	00:41:54.2	57	00:05:04.5	46	03:22:14.0	58	00:05:55.2	41	02:26:58.5	06:42:06.6	
45	10 Robb, Heidi	222 Maple Grove,	43	00:45:40.2	41	00:03:33.9	55	03:37:24.5	22	00:01:45.0	40	02:24:03.6	06:52:27.4	
46	11 Krizmanic, Sarah	205 New Hope, MN	19	00:37:17.7	43	00:03:45.4	45	03:21:29.7	38	00:02:31.4	54	02:47:48.9	06:52:53.3	
47	8 Smith, Melissa	84 Brooklyn Park,	40	00:44:08.7	29	00:03:10.7	50	03:27:24.0	24	00:01:48.8	51	02:42:53.7	06:59:26.1	
48	9 Linder Stenzel,	168 St Paul, MN	49	00:50:18.6	45	00:03:53.3	56	03:41:46.8	37	00:02:25.2	39	02:23:35.1	07:01:59.2	
49	10 Baker, Diane	68 Austin, MN	46	00:46:59.1	56	00:05:03.5	47	03:22:42.2	49	00:03:29.1	52	02:44:32.5	07:02:46.6	
50	9 Tuescher, Nicole	121 Minneapolis,	54	00:51:41.2	54	00:04:55.6	53	03:34:02.1	52	00:04:03.7	43	02:30:35.0	07:05:17.9	
51	12 Erickson, Pamela	29 Minneapolis,	58	00:58:38.4	58	00:05:10.4	37	03:11:58.7	57	00:05:31.1	53	02:44:40.0	07:05:58.8	
52	10 Simmons, Trina	224 Moorhead, MN	51	00:50:51.0	48	00:04:01.8	54	03:35:13.1	23	00:01:48.6	49	02:34:30.9	07:06:25.6	
53	4 Starcher, Pamela	111 Onalaska, WI	50	00:50:33.2	52	00:04:45.7	49	03:26:55.3	17	00:01:29.9	55	02:53:40.4	07:17:24.8	
54	11 Dvorak Kirby, Karol	211 Omaha, NE	47	00:47:13.9	61	00:06:56.3	59	03:50:23.0	46	00:03:18.7	44	02:30:46.7	07:18:38.8	
55	10 Lawton, Megan	158 Columbus, OH	39	00:43:09.5	16	00:02:45.7	52	03:32:07.0	53	00:04:12.9	56	02:58:50.8	07:21:06.1	
56	12 Abrahamson, Kari	245 Minneapolis,	55	00:55:32.4	35	00:03:23.7	51	03:29:13.9	27	00:01:53.8	57	03:12:40.9	07:42:44.9	
57	13 Ryder, Shannon	125 Vadnair Hgts,	59	01:03:13.1	59	00:06:03.2	60	04:05:11.2	50	00:03:40.1	50	02:40:21.2	07:58:29.1	
	Marquette, Nancy	242 Roschester, MN	52	00:51:18.2	50	00:04:32.6	57	03:42:25.0					DNF	
	Sybers, Jane	57 Monticello, WI	48	00:48:50.1	60	00:06:26.1	58	03:48:49.6	59	00:07:45.2			DNF	
	Hill, Sherry	36 Bloomington, IL											DNF	
	Sicora, Jill	229 St. Louis Park,											DNS	
	DiPaola, Sheila	159 Minneaoplis,											DNS	
	Kent, Tracie	115 SAINT PAUL,											DNS	
	Pingel, Renae	118 SunPrairie, WI											DNS	
	Stefanski, Shirley	81 Plymouth, MN											DNS	
	Robin-Abbott,	98 St. Paul, MN											DNS	
	Rosario, Heber	35 Andover, MN											DNS	
	Taylor, Anna	165 Dodge Center,	61	01:13:56.0	20	00:02:57.4	61	04:42:07.9	16	00:01:26.7			Valid	
	Alm, Katherine	101 MPLS, MN	60	01:08:11.7	37	00:03:26.6	1	00:02:08.5	60	04:29:43.5			Valid	

Individual - Half Ironman Triathlon			1.2 mi swim		swim/bik 55.4 mi bike		bike/run 13.1 mi run		7/30/2006					
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen

Clydesdale Half Ironman Distance			Division Field: 5											
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1	Mrnak, Mark	89	Saint Paul, MN	1	00:35:12.7	1	00:02:31.4	1	02:40:12.3	1	00:01:15.9	1	02:01:05.3	05:20:17.7
2	Ward, Emmerson	219	Saint Paul, MN	3	00:39:22.7	2	00:03:24.3	2	02:50:08.4	2	00:03:27.2	3	02:53:14.8	06:29:37.6
3	dudkiewicz, mike	137	eden prairie, MN	2	00:37:15.1	3	00:03:46.3	3	03:02:01.0	3	00:03:44.2	4	02:53:15.3	06:40:02.1
4	Etten, Steve	66	palo, IA	4	00:48:16.3	4	00:08:00.1	4	03:10:06.7	4	00:08:08.3	2	02:50:00.3	07:04:31.8
	Eberl, Mike	113	Marshfield, WI											DNS

Athena Half Ironman Distance			Division Field: 4											
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1	Severson, Lara	38	Burnsville, MN	2	00:38:11.7	1	00:02:49.9	1	02:54:49.8	1	00:02:16.1	1	02:05:13.4	05:43:21.2
2	anderson, mary	139	plymouth, MN	1	00:36:57.2	4	00:05:48.7	3	03:16:08.4	4	00:03:25.6	2	02:26:07.4	06:28:27.5
3	Johnson,	92	Sioux Falls, SD	3	00:39:07.1	2	00:04:09.5	2	03:16:01.2	3	00:03:14.7	4	03:01:37.3	07:04:09.9
4	Olsen, Vicky	184	Omaha, NE	4	01:06:26.2	3	00:05:39.8	4	03:57:23.3	2	00:03:05.7	3	02:46:15.1	07:58:50.3

Team - Half Ironman Relay Triathlon		1.2 mi swim		swim/bik 55.4 mi bike		bike/run 13.1 mi run		7/30/2006						
Place	Name	Bib	PL	swim	PL	swim/bike	PL	bike	PL	bike/run	PL	run	Finish	Pen

Team - Half Ironman Relay Triathlon Field: 12

Relay Team Half Ironman Distance Division Field: 12

1	jeatran, molly	231	minneapolis,	2	00:32:21.8	5	00:01:52.3	3	02:49:25.7	2	00:00:18.2	1	01:31:41.2	04:55:39.6
2	Tolzman, Terry	240	Wyoming, MN	5	00:38:46.6	9	00:02:13.2	1	02:36:39.2	5	00:00:38.1	7	01:57:14.4	05:15:31.7
3	Kertzscher, Ernie	250	Scandia, MN	10	00:55:39.7	10	00:02:47.1	2	02:40:37.9	8	00:00:40.7	5	01:51:07.5	05:30:53.2
4	Amndsonu,	236	Holmen, WI	7	00:39:40.4	11	00:03:13.3	7	03:15:23.1	4	00:00:20.8	3	01:44:22.0	05:42:59.8
5	Pierpont, Rene	237	Madison, WI	3	00:35:00.3	7	00:02:00.3	6	03:12:29.6	10	00:01:01.9	6	01:56:16.5	05:46:48.7
6	Woods, Shawn	234	St. Cloud, MN	4	00:38:40.2	3	00:01:36.3	4	03:00:22.0	6	00:00:38.4	9	02:12:14.7	05:53:31.7
7	Herr, Alec	238	Saint Paul, MN	6	00:39:02.2	4	00:01:46.7	9	03:41:01.8	7	00:00:40.6	2	01:34:58.7	05:57:30.2
8	Ryan, Sheena	232	Prescott, WI	8	00:41:30.3	1	00:01:22.1	5	03:02:05.0	3	00:00:20.7	10	02:21:06.6	06:06:24.9
9	Lukkason, Dee	235	Han Lake, MN	9	00:46:36.4	8	00:02:05.0	10	03:41:38.8	9	00:00:50.9	8	01:57:49.6	06:29:00.8
10	Hoover, Daniel	233	minneapolis,	11	00:59:08.7	6	00:01:58.7	8	03:29:03.5					06:33:51.5
11	Johnson, Dave	230	Chisago City,	1	00:26:58.0	2	00:01:33.1	11	04:21:30.4	1	00:00:14.8	4	01:44:47.8	06:35:04.3
	citrowske, bryan	239	minnetonka, MN											DNF